

PASC

Summer 2023/24

October

MONTHLY



Key Dates

- **Summer Season** starts 7th Oct
- **LTS & Mini squads** resume 7th Oct
- **Squads** recommence 10th Oct
- **Registration** Discount for Renewing Members ends 15th Oct
- **Winter Presentation** evening 4th Nov

Mini Squad & Learn To Swim

We are looking forward to recommencing our Mini Squad & Learn to Swim program on Sat 7th Oct.

Sessions run every Saturday 2pm-2:45pm.

Costs:

Learn to Swim - \$5 (to cover pool hire), payable to the front desk at the end of the session

Mini Squad - \$10 cash, payable directly to Will.

Contact Deb (deb.hogan@outlook.com) for further information.

Squad Update

School swimming carnivals will be starting in Term 4. Join our Squads at Peakhurst West Pool, running on Tuesday & Thursday 6am - 7:30am, led by our club coach Will Cooney from Harlee Elite.

Arrive at 5:45pm for a 6am start.

\$35 per fortnight (x2 sessions per week) OR \$15 pay-as-you-go.

All payments are to be made in cash directly to Will.

Summer Season Commencement

Summer Season 2023-2024 will commence on **Saturday 7th Oct.** We look forward to seeing everyone back and also welcoming some new faces.

Copies of the Almanac will be available at the front desk and on the club notice board.

Please share the attached flyer on your social media pages to encourage more people to join our wonderful club.

Winter Presentation Save the Date!

Winter Presentation will be held at the pool after club on **4th Nov**, commencing at 6pm.

Dinner will be provided and the pool will be available for pool games & free swimming at the end of presentation.

More details on the night will be provided in the coming weeks.

Birthdays

Happy Birthday to the following people who celebrate their birthday in October:

David C, Annika G, Lucas G, Harrison M, Anup P, Matthew P, Emmeline R, Dale S.



Follow us on instagram [peakhurstswimmingclub](#) or checkout our website www.peakhurst.swimmingclub.org.au



Winter Championships

Our Winter Championships in September saw 52 swimmers completing 295 individual swims.

There were 100 season PBs achieved across the championships with 2 records broken, both in the Junior 25m Dash.

Congratulations to our 2 new record holders:

- Corey H with a record of 14.83s
- Sienna L with a record of 15.33s

Special mention also goes to Isaac N who swam the Junior 25m Dash under the previous record time in 15.04s.

Congratulations to all our competitors. We look forward to celebrating everyone's efforts at the Winter Presentation evening on the 4th November.

Carnivals Results

Congratulations to all our members who have represented Peakhurst Swim Club at recent carnivals. We have had fantastic results, medals won and PB's swum!

Sydney Metro South East LC Qualifying Meet
Adam M, Zara M, Arin P.

Upgrades

Congratulations to the following swimmers who upgraded to the next distance in the month of September:

Orlando F	15m → 25m Breastroke
Zac F	25m → 50m Butterfly
Zac F	25m → 50m Breaststroke
Zara M	50m → 100m Freestyle

Aug/Sept Point Score

Congratulations to our August/September Point Score winners:

Kyle C, Corey H, Claire D, Zac D, Alyssa G, Lucy C, Lucas G, Havana G, Dale S & Harla G.

We had joint overall Top Point Score Winners for Aug / Sept - congratulations Kyle C & Dale S.

Upcoming Meets

- SLC Aquadot Spring into Summer Qualifying Meet - 27th & 29th Oct
- PASC Mini Meet (10 years & Under) Development Meet - 18th Nov

Swimmers wishing to swim at other carnivals in the MetSEA area can find a list on the MetSEA website.

This list is being continually updated so keep an eye on the page:

<https://metsea.swimmingclub.org.au/upcoming-carnivals/>

Any targeted meets identified will also be announced at club and included in future newsletters.

A full list of meets can be found in SwimCentral under "Events".



Support those who support us.

MONTHLY

Joke of the month:
What does a dentist and a
swim coach have in common?
They both use drills... haha

2023 - 2024 Member Registrations

The swimming membership year runs from 1st October to 30th September, and registrations for the 2023 - 2024 season are now open via SwimCentral.

Our 2023 - 2024 season fees are as follows (excluding processing fee):

12 months - Club Swimmer - \$155
12 months - Full Swimmer - \$170
Single season - Club Swimmer - \$140
Single season - Full Swimmer - \$155
Second claim swimmer - \$70

We are offering a \$20 discount for 2022-2023 12-month members who renew their membership for a further 12 months before the 16th October.

We as a committee recognise that increases to the cost of living have put a strain on a lot of household budgets so we have made the decision to keep our membership fees as low as possible.

Below is a breakdown of the membership fees:

Club Swimmer (Only swims at Club)

Swimming NSW / Swimming Australia - \$79
MetSEA - \$4
Club Component - \$72 (12 months) / \$57 (Single season)

Full Swimmer (Competitive)

Swimming NSW / Swimming Australia - \$92
MetSEA - \$4
Club Component - \$74 (12 months) / \$59 (Single season)

As a not-for-profit organisation, the club component charged goes back to our club members in the form of relay prizes, social events, presentations, and general expenditure incurred in weekly club operations (e.g. pool hire).

If you have any questions about the membership types or fees please reach out to Donna (registrar.peakhurstasc@gmail.com).

If you require assistance with registration, members of the committee will be available to assist on the 7th Oct & 14th Oct at club.

If you are experiencing financial difficulties, please reach out to David, Deb or Donna. Any discussions about financial difficulties will be kept confidential.

Swimming NSW Affiliated Club

SATURDAY'S 3PM

PEAKHURST WEST SWIMMING POOL

**PEAKHURST
SWIM CLUB**

WWW.PEAKHURST.SWIMMINGCLUB.ORG.AU

**TIMED 15M TO 1500M RACES ALL STROKES
ALL AGES & ABILITIES WELCOME
FUN FOR ALL THE FAMILY
TRIAL FIRST WEEK FREE**

Further information please see our website or
contact David on 0411 325 095