

MONTHLY



Key Dates

- **Winter Championships** - 9th & 16th Sept
- **BREAK** (No Club, LTS or Mini Squads) - 23rd & 30th Sept
- **NO SQUADS** - 25th Sept - 6th Oct
- **Committee meeting** @ Club Rivers 7:30pm - 4th Oct - ALL WELCOME
- **Summer Season starts** 7th Oct
- **LTS & Mini squads resume** 7th Oct
- **Squads recommence** 10th Oct

Winter Championships

Good luck to all our swimmers participating in the Winter Championships. We hope you **have fun**, try your hardest and smash your PBs!



Mini Squad & Learn To Swim

Our Mini Squad & Learn to Swim program has been a success in its first month but we would love to see more faces in both programs so we can run this initiative ongoing.

Sessions run every Saturday 2pm-2:45pm.

We will be running sessions on the 9th & 16th Sept and then taking a break 23rd & 30th Sept, recommencing on 7th Oct.

Contact Deb (deb.hogan@outlook.com) for further information.

Squad Update

School swimming carnivals will be starting in Term 4. Start getting ready and join our Squads at Peakhurst West Pool, running on Tuesday & Thursday 6am - 7:30am, led by our club coach Will Cooney from Harlee Elite.

Arrive at 5:45pm for a 6am start.

\$35 per fortnight (x2 sessions per week) OR \$15 pay-as-you-go.

All payments are to be made in cash directly to Will.

NOTE: Peakhurst squads will not be running over the school holidays (25th Sept - 6th Oct)

Birthdays

Happy Birthday to the following people who celebrate their birthday in September:

Zac D, Greg G, Julia G, Jameson G, Alanna G, Oliver L, Mikayla L, Charlie M, Jules R, Marcus S, Manaia W



Thank you to those who volunteer at club each week and behind the scenes.

We appreciate **YOU!**



PASC

Winter 2023

August/September

MONTHLY



New 1500m Freestyle Record

On Saturday 26th Aug, Jordan Henry once again broke the club 1500m Freestyle record. He set a new time of 18:47.63, breaking his previous record by 6.03 seconds.

Congratulations Jordan!!



July Point Score

Congratulations to our July Point Score winners:

James G, Lucas G, Jameson G, Dominique S, Arin P, Lauren G, Zac D, Chloe L, Havana G, Harla G

Overall Point Score Winner for July was Arin P.

August/September Point Score winners will be announced at club on 9th September.

Carnivals Results

Congratulations to all our members who have represented Peakhurst Swim Club at recent carnivals. We have had fantastic results, medals won and PB's swum!

Sydney Metro South West SC Qualifying Meet

Lucy C, Ivy L, Arin P

Sydney Metro South East SC Development Meet

Corey H, Jameson G

Windsor SC Development Meet

Adam M, Zara M

Nepean Aquatic Centre SC Development Meet

Indigo F, Ivy L, Oliver L, Ruby L

Cranbrook Winter Development Meet

Lucy C, Corey H, Dominique S, Marcus S

Upgrades

Congratulations to the following swimmers who upgraded to the next distance in the month of August:

Alexis B	25m → 50m Freestyle
Alexis B	25m → 50m Backstroke
Alexis B	25m → 50m Breaststroke
Alexis B	25m → 50m Butterfly
Claire D	25m → 50m Butterfly
Fletcher L	50m → 75m Medley
James G	50m → 75m Medley
Jules R	25m → 50m Breaststroke
Lucas G	25m → 50m Backstroke
Oliver L	30m → 50m Medley
Orlando F	15m → 25m Breaststroke
Orlando F	30m → 50m Medley
Sienna L	50m → 100m Backstroke
Tristan G	50m → 100m Freestyle
Zac F	25m → 50m Butterfly
Zac F	25m → 50m Breaststroke



Support those who support us.

Joke of the month:
Why do dolphins only swim in salt water?
Because pepper makes them sneeze!... haha

2023 - 2024 Member Registrations

The swimming membership year runs from 1st October to 30th September, and registrations for the upcoming 2023 - 2024 season will be open in SwimCentral on Monday 11th September.

Our 2023 - 2024 season fees are as follows (excluding processing fee):

12 months - Club Swimmer - \$155
12 months - Full Swimmer - \$170
Single season - Club Swimmer - \$140
Single season - Full Swimmer - \$155
Second claim swimmer - \$70

We are offering a \$20 discount for current first claim members who renew their membership for 12months, before the 16th October.

We as a committee recognise that increases to the cost of living have put a strain on a lot of household budgets so we have made the decision to keep our membership fees as low as possible.

Below is a breakdown of the membership fees:

Club Swimmer

Swimming NSW / Swimming Australia - \$79
MetSEA - \$4
Club Component - \$72 (12 months) / \$57 (Single season)

Full Swimmer

Swimming NSW / Swimming Australia - \$92
MetSEA - \$4
Club Component - \$74 (12 months) / \$59 (Single season)

As a not-for-profit organisation, the club component charged goes back to our club members in the form of relay prizes, social events, presentations, and general expenditure incurred in weekly club operations (e.g. pool hire).

If you have any questions about the membership types or are experiencing financial difficulties, please reach out to David, Deb or Donna. Any discussions about financial difficulties will be kept confidential.

Upcoming Meets

- MetSEA Long Course Qualifying Meet - 1st Oct @ SOPAC
- SLC Aquadot Spring into Summer Qualifying Meet - 27th & 29th Oct
- PASC Mini Meet (10 years & Under) Development Meet - 18th Nov

Swimmers wishing to swim at other carnivals in the MetSEA area can find a list on the MetSEA website.

This list is being continually updated so keep an eye on the page:

<https://metsea.swimmingclub.org.au/upcoming-carnivals/>

Any targeted meets identified will also be announced at club and included in future newsletters.

A full list of meets can be found in SwimCentral under "Events".