



PEAKHURST AMATEUR SWIMMING CLUB Inc By-Laws

MAY 2023

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BY-LAWS / CLUB RULES

PEAKHURST AMATEUR SWIMMING CLUB INCORPORATED

INTRODUCTION

1 STATUS OF BY-LAWS

1.1 Power to Make By-Laws

These By-Laws are made by the PEAKHURST AMATEUR SWIMMING CLUB Incorporated, as provided for under clause 37.

These By-Laws are binding on all members.

In the event of a conflict between these By-Laws/Club Rules and the Constitution, the Constitution will prevail.

1.2 Definitions and Interpretation

The definitions in the Constitution apply to these By-Laws. In addition, the following definitions apply:

‘Clause’ means a clause of the Constitution.

‘Competitions’ means and includes:

- (a) Any Championship competition organised or conducted by the Club.
- (b) Any Championship, competition, series or meetings sponsored by or conducted by or on behalf of the Club.

‘PASC Inc.’ means Peakhurst Amateur Swimming Club Incorporated (Club).

‘Swimmer’ means an individual member who competes at Club or higher level of competition.



MEMBER BY-LAWS / CLUB RULES

2 FEES DUE TO THE CLUB

- (a) Fees payable in accordance with clause 6 will be payable by all members as defined in [By-Law 2 \(b\)](#), provided that fees will not be payable in respect of either class of Life Member.
- (b) The annual registration fee payable to the Club in respect of each individual member will consist of SAL, SNSW and MetSEA components. This fee will include registration and insurance cover and a Club administration fee as determined by the Committee from time to time.
- (c) All registration fees are due on the first day of October in each year and can be paid on a per-season basis.
- (d) The Committee may refund any fee which, in its opinion is warranted.

3 DISCIPLINARY BY-LAW

3.1 Safe Sport Framework

- (a) Peakhurst Amateur Swimming Club Inc has adopted the Safe Sport Framework (Safe Sport Framework) in accordance with clause 37.5.
- (b) The Committee has adopted the Safe Sport Framework, as amended from time to time, as a By-Law which is binding on the Club and all members.
- (c) Clause 10.2 outlines the process for matters being dealt with under the Safe Sport Framework.

COMMITTEE BY-LAWS / CLUB RULES

4 COMPOSITION OF THE COMMITTEE

The composition of the Committee as required by clause 14 may consist of the following:

- (a) Office Bearers, being:
 - (i) President
 - (ii) Senior Vice President
 - (iii) Secretary
 - (iv) Treasurer
 - (v) Registrar
 - (vi) Meet Director
- (b) Other members to be elected at the Annual General Meeting.

5 ELECTION PROCEDURES FOR COMMITTEE

- (a) Where there is more than one nomination for any position, a ballot for that position shall be held. Nominations shall be on the prescribed form provided for that purpose. See Appendix E.
- (b) Where there are nominations for the positions of any Office Bearer and other Committee Member positions, the positions of the Office Bearer shall be determined first.
- (c) The Annual General Meeting shall appoint a Returning Officer.

6 COMMITTEE MEMBER RESPONSIBILITIES

6.1 Committee Members

Committee Members shall:

- (a) Guide any Standing Committees to which they may be assigned on all matters affecting the Constitution, By-Laws, and Policies or any previous decision of the General Meeting or the Committee.
- (b) Act honestly, independently and with due diligence in all decision making.
- (c) Ensure that the resources of the Club are effectively and efficiently managed to fulfil the Objectives.
- (d) Contribute to the development of the Club's strategic and business plans.
- (e) Attend any assigned committee and act as the committee adviser in the formulation of committee work plans.
- (f) Present recommendations and reports of any assigned standing committee to the Committee.



6.2 President

The President shall:

- (a) Promote the image of the Club at all times and lead the pursuit of the Objectives and carry out such duties as requested by a General Meeting and the Committee.
- (b) Be responsible for the leadership and overall administration of the Club.
- (c) Represent the Club on external bodies as determined by the Committee.
- (d) Coordinate the Committee activities and ensure that the Committee properly undertakes its governance role.

6.3 Senior Vice President

The Senior Vice President shall assist the President in carrying out their duties and shall attend to such matters as the President may, from time to time, request.

6.4 Secretary

- (a) The Secretary of the Club (which can be a shared role) must, as soon as practicable after being appointed as Secretary, lodge notice with the Area's Association Secretary and SNSW of their address and contact details.
- (b) The Secretary must ensure full and accurate minutes of all members in attendance, questions, matters, resolutions and other proceedings of each committee meeting and General Meeting are entered in the Club's minute book.

6.5 Treasurer

The Treasurer of the Club must ensure:

- (a) That all money due to the Club is collected and received and that all payments authorised by the Club are made.
- (b) That correct books and accounts are kept showing the financial affairs of the Club, including full details of all receipts and expenditure connected with the activities of the Club.
- (c) Prepare an annual budget and monitor the investments of the Club.
- (d) As soon as practicable after the end of each financial year, a statement containing the following is prepared:
 - (i) the income and expenditure for the financial year just ended
 - (ii) the Club's assets and liabilities at the close of the year

6.6 Registrar

The Registrar of the Club is responsible for maintaining and making available to the Committee the list of registered members.

6.7 Meet Director

The Meet Director is responsible for coordinating and reporting back to the Committee on Race Committee activities.

7 OFFICERS

7.1 Appointment of Officers Generally

- (a) Annual General Meeting may appoint the following Officers:
 - (i) Club Referee(s)
 - (ii) Club Starter(s)
 - (iii) Chief Timekeeper
 - (iv) Marshal
 - (v) Race Secretary
 - (vi) Social Secretary
 - (vii) Publicity Officer
 - (viii) Property Officer
 - (ix) Delegate(s) to the Area Association, to the State Association or Pool Management Operator
 - (x) Member Protection Information Officer (MPIO), being a person who is qualified to hold this position
 - (xi) Other officer(s) that it considers necessary from time to time
- (b) Applications shall be invited for these positions specified in [By-Law 7.1 \(a\)](#) at or prior to the Annual General Meeting or as determined by the Committee.

7.2 Eligibility

- (a) A person who is not an individual member or Life Member shall not nominate for, or hold office except the office of Patron, Vice Patron and Auditor.
- (b) A person elected Patron or Vice Patron who is not an individual member or Life Member, shall be deemed to be a member whilst holding such office. The holding of office shall not entitle a person to compete in a meet unless such person is otherwise duly eligible to compete.

8 STANDING COMMITTEES

- (a) Standing Committees specified in [By-Law 8 \(c\)](#) shall be elected at the Annual General Meeting for a one year term.
- (b) The President shall be ex-officio member of all Standing Committees.
- (c) Subject to the Constitution there shall be a Standing Committee for the following:
 - (i) Executive Committee
 - (ii) Management Committee
 - (iii) Race Committee
- (d) The composition of each Standing Committee and the duties and terms of reference relating to each standing committee are set out below:

8.1 Executive Committee

- (a) The Executive Committee shall be appointed at the Annual General Meeting.
- (b) This Committee shall comprise the President, Senior Vice President, Secretary and Treasurer who were appointed at the Annual General Meeting.
- (c) The President is Chairperson of this Committee.
- (d) This Committee is vested with the financial management of the Club and the bank signatories for the Club will be the members of this Committee.
- (e) This Committee shall meet when necessary.

8.2 Management Committee

- (a) The Management Committee shall be appointed at the Annual General Meeting.
- (b) This Committee shall comprise the President, Senior Vice President and the Treasurer and two (2) other members of the Club Committee elected at the Annual General Meeting.
- (c) The President is Chairperson of this Committee.
- (d) This Committee shall meet as and when required and is vested with the authority to carry out the action approved by a resolution of the members to wind up/dissolve or amalgamate the activities of the Club with another Club.

8.3 Race Committee

- (a) The Race Committee shall be appointed at the Annual General Meeting.
- (b) This Committee shall comprise the Meet Director, Club Referee(s), Secretary and up to five (5) individual members elected at the Annual General Meeting.
- (c) The Meet Director is Chairperson of this Committee.
- (d) This Committee shall present the swimming season's program/almanac to each Pre-Season General Meeting together with any amendments to the By-Laws considered necessary or requiring ratification.
- (e) This Committee shall handle the day-to-day swim race matters involving club race record attempts, Qualifying Time Trials (QTT) and eligibility to compete in Championship events.
- (f) This Committee shall handle the coordination and planning activities for Club Championships and Meets.



SWIMMING BY-LAWS

9 SWIMMING RULES GOVERNING PEAKHURST AMATEUR SWIMMING CLUB INC

The By-Laws, Rules and Appendices of SNSW as set out in the handbook of SNSW with regard to Swimming shall (where practicable) be applicable and binding on all competitions conducted by the Club.

10 FORFEIT OF FEES AND PRIZES FOLLOWING DISQUALIFICATION

Where a Swimmer is disqualified or suspended in respect of an event, all fees paid and any prizes won by such Swimmer shall be forfeited. The Committee will have full power to confiscate any prize and redistribute or deal with the matter at its discretion.

COMPETITION BY-LAWS: RULES

11 MEMBERSHIP

- 11.1 The total number of Club members shall be determined from time to time by the Committee.
- 11.2 No member shall be entitled to the privileges of the Club or eligible to enter Club event until their membership subscription or any other liability to the Club is paid.
- 11.3 Prospective members may swim for a total of four (4) swim days before being required to join the Club and pay the appropriate membership fee.

12 SECOND CLAIM SWIMMERS

- 12.1 Any member of another swimming club may be eligible to join Peakhurst ASC and participate in club activities as a second claim member subject to the following conditions, they will be ineligible to:
 - (a) Vote at any general meeting of the Club, with the exception of voting for club captains.
 - (b) Compete in Club Championships. However they may be allowed to participate as an exhibition swimmer subject to the Race Committee approval.
 - (c) Participate in the club point score competition.
 - (d) Set club records.
 - (e) Be elected to any Club position or office, including Club Captain.
- 12.2 Any other conditions as set from time to time by the Committee.

13 WEEKLY CLUB RACES

- 13.1 All race entry are to be in the hands of the Recorder at least fifteen (15) minutes before the advertised starting time.
- 13.2 Club members shall be present when the Marshal calls their event.
- 13.3 All club races, except handicap events, will be scratch events, seeded according to times.
- 13.4 Where a swimmer achieves a time of less than 60 seconds for a 100m swim at Club, that swimmer's name will be entered on the One Minute Barrier Board showing the date, the swimmer's name, the time achieved and the stroke. Only one entry on the board per stroke is permitted. It shall not be necessary to break the One Minute barrier at Club Championships, Club Carnivals, or Record Attempts. Breaking the One Minute barrier at outside events shall not be recognised.



14 GRADING

- 14.1 Members are graded according to their ability to swim various distances and within the specified times.
- 14.2 These specific times may be altered from time to time at the discretion of the Race Committee. Swimmers may only progress to a longer distance as their swim times improve in accordance with the Table in Appendix A.
- 14.3 The upgrading times must be bettered, not equalled, before a swimmer can go up in distance, i.e. a 15 metre freestyler must do less than 20 seconds. No swimmer may progress from 25 metres unless their stroke is correct.
- 14.4 No swimmer may enter 100 metre events unless qualified to do so, but if eligible they must swim 100 metres in those events which are marked (100*) in the almanac to be eligible for points for that swim as listed at [By-Law 17.2](#). At other times they may elect to swim either 50 or 100 metres in that stroke. Only swimmers qualified to enter 100 metre events may swim in 200 metre and longer distance events.
- 14.5 To swim a 200 metre medley event, swimmers must be qualified to swim the Senior Medley.
- 14.6. On “Sprint Days”, the longest distance swum will be 50 metres.

15 QUALIFYING TIME TRIALS (QTT)

- 15.1 At all Club meets where MetSEA approval has been obtained, all swims will be deemed Qualifying Time Trials where times will be uploaded to a centralised data base, on condition that a qualified Referee and Starter are in attendance. These times can then be used where Qualifying Times are required to enter Meets.
- 15.2 Any qualified swimmer who wishes to swim an intermediate Time Trial at a shorter distance than that being swum must obtain approval from the Race Committee. The swimmer must complete the full distance of the event being swum and not be disqualified but will also be clocked off by the timekeepers at the shorter distance. The shorter distance must be finished in accordance with the swim rules that apply to the particular swim style.
- 15.3 Qualifying Times may also be attempted for non-scheduled strokes and distances with the approval of the Race Committee.
- 15.4 Multiple attempts at obtaining a Qualifying Time are at the discretion of the Race Committee and may require additional entry payment.

16 CLUB CHAMPIONSHIPS

- 16.1 Club Championships shall be conducted at the end of each season. All events shall be timed finals. All competitors must be financial members of the Club, and “First Claim” Peakhurst ASC. See [By-Law 12.1](#) regarding second claim swimmers, Non-Club swimmers are illegible to participate in Championship events.

16.2 Club Championship Conditions of Entry

16.2.1 The Committee may approve qualifying times (if any) for entry to Championship events and other conditions of entry as appropriate to the meet.

16.2.2 All entrants in the Club Championship shall abide by and be subject to the By-Laws and the SNSW General Rules, Swimming Rules, By-Laws, Policies, and published Procedures as applicable.

16.3 Championship Entry Form - Age Determination

16.3.1 The Club Championship entry and age determination shall require:

- (i) an entry for a Championship event shall be made at the direction of the Committee either electronically or on the official Club form or card provided
- (ii) If a qualifying time is stipulated for a Championship event, proof of time must be provided at time of entry. This qualifying time must have been achieved during the previous twelve (12) months
- (iii) an entrant in an Age Championship shall be of the specific age as at the dates determined in [By-Law 16.4 \(a\)](#) and [By-Law 16.5 \(a\)](#), and if the Committee so desires, shall produce a certificate of registration of birth or other satisfactory evidence of date of birth signed by the parent or guardian of the entrant

16.4 Summer Championships

- (a) Entry age will be determined as at 15th March for all events.
- (b) These Championships will be conducted at the end of the Summer Season and will incorporate the 200 metre Invitational Championships which will be conducted over the weeks preceding the actual Championship.
- (c) Entries will not be accepted for the 25 metre Sprint events as these events are "invitational". Finalists and reserves for these events will be selected on times set during the current season. The Race Committee will inform those swimmers selected and those swimmers selected must notify the Race Committee prior to the event if they do not wish to contest the event.
- (d) The 200 metre Championship are open to any swimmer who has qualified to swim that distance and has swum at least one qualifying swim in the current season. Swimmers entering the 200 metre Championships event must have met normal qualifying requirements for the Championships by the end of the season otherwise the points earned and any records created will be revoked.
- (e) The 200 metre events will be seeded based upon times swum in the current and previous season. The 200 metre events will be run as Open events with times achieved counting towards Age swims. Entries for 200 metre Championship events must be submitted to the Race Committee at least one week prior to the event.
- (f) All Perpetual Trophies will be attached to the Summer Championships.
- (g) Point Score awards in accordance with [By-Law 17](#) will be awarded for the Summer Season.
- (h) 100% Attendance awards will also be awarded.

16.5 Winter “Sprint” Championships

- (a) Entry age will be determined as at 1st September for all events.
- (b) These Championships shall be conducted on the last two swimming days of the Winter season.
- (c) Point Score awards in accordance with [By-Law 17](#) will be awarded for the Winter Season.
- (d) 100% Attendance awards will also be awarded.

16.6 To enter any event at either the Summer or Winter Club Championships, a member must have recorded at least eight (8) Freestyle swims over any distance. Additionally, four (4) swims over any distance must also be recorded for each form stroke (or medley) that the member wishes to contest. Only one qualifying swim for any stroke can be recorded on any one day. All qualifying swims must be recorded during the season in which the Championship is to be contested.

16.7 Where a member is absent from the Club taking part in National, State, Area Association or other meet activity approved by Swimming NSW Ltd, or the Area association the swimmer shall be deemed to have taken part in the Club’s events on that day. Other members with insufficient recorded swims, their entry to these Championships is to be left to the discretion of the Race Committee. Swimmers must apply for this leave from the Race Committee.

16.8 Swimmers must enter in their appropriate age group. Any swimmer experiencing difficulty with the distance required to be swum by their age group should approach the Race Committee.

16.9 All entrants in Open and 11 years and under events must have qualified for the distance and stroke entered. Entries are to be submitted by the swimmer and must be in the hands of the Race Committee by the time set by the Meet Director.

16.10 Swimmers who intentionally withdraw from an event on the day of either the Summer or Winter Championships shall not be allowed to swim in any remaining events on that day.

16.11 Pre-swimming of Club Championship events will only be considered where a swimmer finds that they have a clash of dates between the Club Championships and NSW State or Australian swimming commitments. (i.e. camps or championships organised by SNSW or SAL). The swimmer must notify the Race Committee of the aforementioned clash, in writing, at the earliest possible time so as to enable suitable arrangements to be made.

17 POINT SCORE COMPETITION

17.1 A point score competition will be conducted each season. The top ten (10) male and ten (10) female scorers receive an award. A trophy is to be awarded to the top scoring boy and girl.

17.2 Each month or designated period during the season the five (5) top monthly point scoring boys and five (5) top monthly point scoring girls will receive an award. The overall top monthly point scorer will hold the monthly Point Score trophy until the time

of the next award. Points are to be awarded weekly in accordance with the Table in Appendix B.

- 17.3 Points will be awarded on a maximum of three swims on any one day and these shall be a swimmer's three highest point scoring swims on that day, including 200m Championship swims.
- 17.4 A member attempting a Club Record during normal club swimming shall earn points in accordance with [By-Law 19.1 \(g\)](#).
- 17.5 Five (5) points will be awarded for completing an event with a distance exceeding 200 metres, unless disqualified.
- 17.6 Any swimmer representing the Club at an outside carnival, instead of the normal Club meet will be entitled to twelve (12) points in all towards that day's point score. A swimmer returning from such a meet and swimming at Club will be entitled to those twelve points or the points earned at Club whichever is the greater. Attendance at the meet must be verified.
- 17.7 The points awarded for each swim of the season (in each stroke and distance) for swimmers continuing from the preceding season be based upon their personal best time for the preceding season set outside of championship events until a better time is set. Swimmers not falling into this category are to swim time trials.

18 PERPETUAL TROPHIES

In accordance with [By-Law 16.4 \(f\)](#) the Club shall award the following Perpetual trophies at the Annual Summer Presentation evening following the completion of each Summer Championship program. The history of these trophies is listed at Appendix C.

18.1 Trophies for Competition:

- (a) Apex Trophy
Awarded to the winner of the Men's Open 200m Freestyle
- (b) King & Bismire Trophy
Awarded to the winner of the Women's Open 200m Freestyle
- (c) The Steve Young Memorial Trophy
Awarded to the winner of the Men's Open 200m Breaststroke
- (d) The Bill Gault Memorial Trophy (The Blossom Trophy)
Awarded to the winner of the Women's Open 200m Breaststroke
- (e) The Judith Bennetts Memorial Trophies
Awarded to the winners of the:
 - (i) Men's Open 100m Freestyle
 - (ii) Women's Open 100m Freestyle
- (f) The Marie and Trevor Keith Memorial Trophies
Awarded to the winners of the:
 - (i) Boys 11 years and under 100 metres Freestyle
 - (ii) Girls 11 years and under 100 metres Freestyle

- (g) The Bill Andrews Memorial Trophies
Awarded to the winners of the:
 - (i) Men's Open 100m Medley
 - (ii) Women's Open 100m Medley
- (h) The Sprint Trophies (Pat Lusty Trophies)
Awarded to the winners of the:
 - (i) Men's Invitational 25 metre Freestyle
 - (ii) Women's Invitational 25 metre Freestyle
- (i) Tadpole Awards (Rose Agius Trophies)
Awarded to the winners of the:
 - (i) Boys 5 years and under age group
 - (ii) Girls 5 years and under age group
- (j) The McAlpine Relay Trophies
Awarded to the winners of McAlpine Handicap Relay
- (k) President's Relay Certificates
Awarded to the winners of the All Age Handicap Relay

18.2 Trophies for Performance:

- (a) Dr. Hardie Cup (The most prestigious Club Trophy)
Awarded for attendance, general conduct and participation in Club activities
- (b) The Graham Bennetts Memorial Point Score Trophies
Awarded to the:
 - (i) Boy achieving the highest point score of the season
 - (ii) Girl achieving the highest point score of the season
- (c) The Marty Hannon Trophy
Awarded to the leading Masters Swimmer (male and female) in the Point Score
- (d) The Most Improved Swimming Trophies (Barrett Trophies)
Awarded to a:
 - (i) Boy for sustained effort during the season
 - (ii) Girl for sustained effort during the season
- (e) The Encouragement Awards (Foote Trophies)
Awarded to a:
 - (i) Boy for attempting all four strokes as a young beginner
 - (ii) Girl for attempting all four strokes as a young beginner
- (f) The Junior Dolphin Swimmer of the Year Trophy
Awarded to achievements of 7 years and under swimmers
- (g) The Learn to Swim Trophies (Parrott and Ryan Trophies)

Awarded to the:

- (i) Best male contributor to a swimming instruction program
 - (ii) Best female contributor to a swimming instruction program
- (h) Disadvantaged Trophy (Letherborrow Trophy)
Awarded to a disadvantaged swimmer (if any).

19 CLUB RECORDS

19.1 Club Records may be established only under the following conditions:

- (a) During Summer and Winter Championship events and any meet conducted and approved by the Committee i.e. the Annual Club Open Sprint and Mini Meets.
- (b) During Club Championships Age and Open records (including all the grouped age categories), may be established in the alternate events. i.e. a swimmer attempting an Age record can also set the Open record and the appropriate grouped Age record and vice versa, e.g. if an 11 year old breaks an Age record, the appropriate "11 and under" and Open categories are also challenged.
- (c) During Club swims, subject to the following conditions:
 - (i) The stroke and distance must be scheduled for that day's activities with the exception of the 30m and 50m medley swims where the swimmer may attempt the record by swimming either a backstroke or breaststroke lap followed by a freestyle lap. For the 75m medley the order of strokes is backstroke, breaststroke and freestyle. A minimum of one week's notice must be given to the Race Committee
 - (ii) The swimmer must be qualified to swim that distance or greater
 - (iii) Swimmers are limited to two attempts per season at any particular record
 - (iv) The Race Committee must approve the record attempt
 - (v) Only First Claim members of Peakhurst ASC are eligible to attempt and set Club records
 - (vi) The swimmer must be the age applicable to the record claimed on the day of the attempt
 - (vii) Only the Age records may be actively attempted including all age groupings except the "11 and under" groupings
 - (viii) In the preceding six (6) months the swimmer must have (either at Club, or be able to produce evidence of the time obtained at an approved outside carnival) swum within the following times of the record for the attempt to be approved:
 - 6 seconds for the 200 metre events
 - 4 seconds for the 100 and 75 metre events
 - 3 seconds for the 50 metre, 30 metre and 15 metre eventsor at the discretion of the Race Committee if swimming down in distance
- (d) Seeding of swimmers attempting Club records will be as follows:

- (i) Where possible, all record attempts will be seeded into separate heats with swimmers of equal or slower times
 - (ii) Where more than one swimmer is attempting the same record, these swimmers will be seeded into separate heats with the slower swimmer seeded before the faster swimmer
 - (iii) If not enough heats are available to allow individual attempts, multiple record attempts will be permitted in the same heat
 - (iv) Where possible, seeding will be in accordance with SNSW policy
- (e) Records for the 25 metre Invitational event can only be established during Summer Championships.
- (f) All Club events conducted over 400 metre, 800 metre and 1500 metre will be treated as automatic Age and Open record attempts.
- (g) If a swimmer is attempting a Club Record, the swimmer shall be judged to have earned five points if they break the record or swim within the time allowance of [By-Law 17.2](#), otherwise points for a slow swim shall apply. More points may be earned if they are swimming their normal distance, but this time then becomes their fastest time and future points awarded according to this time.

20 CLUB CAPTAINS

- 20.1 Two (2) Club Captains one male and one female are to be elected each season. Nominations for these positions are to be received on the first two Club swim days of each season. The elections to determine these Captains are conducted on the third Club day of each season. The successful candidates shall be announced as soon as possible.
- 20.2 To be eligible to nominate candidates and vote at the election, members must be ten years of age and older. Nominees must be twelve years of age or older.
- 20.3 The Committee retains the right to vet all nominees.
- 20.4 The position of Club Captain may be held for a period of no more than two consecutive years. At the end of that time that Captain must stand down and may not be considered for office until a period of twelve (12) months has elapsed.
- 20.5 Responsibilities of the Captains include:
 - (a) Representing the swimmers and expressing their viewpoint on any topic raised at Committee Meetings.
 - (b) General supervision and assistance at Club swimming meets.
 - (c) General leadership and guidance to swimmers at outside carnivals.

21 AUTHORITY OF NON-QUALIFIED REFEREES

- 21.1 When a non-qualified referee is overseeing club races, any infraction of the rules should result in an informal warning to the swimmer and, if appropriate and possible, the swimmer's parent/s and that this infraction be placed on record.

- 21.2 Any non-qualified referee overseeing club races shall be announced at the start of that day's Club Swimming.

22 CHAMPIONSHIPS AND OTHER SWIM MEETS

- 22.1 The Committee on recommendation of the Race Committee shall determine the order of events and the duration of the Championships and such other swim meets as it determines from time to time, giving as much notice as possible to members.
- 22.2 The Committee on recommendation of the Race Committee shall also determine annually the format for the conduct of the Championship Meets for the ensuing year, provided that, the format so determined shall be advertised at the time of calling entries for the Meet.



MISCELLANEOUS BY-LAWS

23 SERVICE EXCELLENCE AWARD

- (a) The Club shall recognise outstanding service to the Club by an individual member who shall be eligible to receive the Service Excellence Award provided that the nominated member has given at least ten (10) years service to the Club.
- (b) The Committee will determine from the nominations the recipients of the Service Excellence Award. No more than two (2) Service Excellence Awards will be awarded in any one (1) year.
- (c) The Service Excellence Award will be presented to the recipient at the Annual Summer Presentation Event.

24 COLOURS, BADGE AND LOGO

- (a) The colours and badge of the Club shall be as determined at a General Meeting.
- (b) The colours of the Club shall be Royal Blue, Pink and White. See Appendix D.
- (c) The badge or logo of the Club shall not be made or worn without written permission of the Committee.

25 AVAILABILITY OF AMENDED PAGES

Where an addition to, amendment or rescission, wholly or in part, is made to the Constitution, By-Laws/Rules, updated copies of the relevant pages shall be available on request to the members within two (2) calendar months of any such addition to, amendment or rescission of, whether wholly or in part or otherwise shall be posted on the Clubs website.

26 EMERGENCY POWERS

Under special circumstances the Committee may cancel or suspend all or any Club race day or other events it deems appropriate.



27 APPENDICES

APPENDIX A - UPGRADE TABLE

	15 metres	25 metres	50 metres	100 metres
Freestyle	20 seconds	23 seconds	40 seconds	
Breaststroke	26 seconds	29 seconds	52 seconds	
Backstroke	24 seconds	27 seconds	45 seconds	
Butterfly	22 seconds	26 seconds	42 seconds	
	Extra Mini <i>(2 x 15 metres)</i>	Mini <i>(2 x 25 metres)</i>	Junior <i>(3 x 25 metres)</i>	Senior <i>(4 x 25 metres)</i>
Medley	50 seconds	58 seconds	80 seconds	



APPENDIX B - POINTS TABLE

Not swimming compulsory (100*) distance when qualified	0 points
Disqualification	1 point
Time Trial or Slow Swim	2 points
More than one second and up to two seconds slower than the swimmer's best time	3 points
Equal to best time and up to one second slower than the swimmer's best time	4 points
Up to and including one second better than the swimmer's best time	5 points
More than one second and up to and including two seconds better than the swimmer's best time	6 points
More than two seconds better than the swimmer's best time	7 points
Upgrading to next distance - BONUS	extra 3 points
Completing a 400m, 800m or 1500m event	5 points min.
Representing Club at an outside carnival	12 points



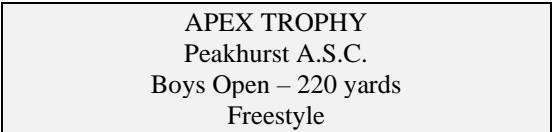
APPENDIX C - BACKGROUND TO THE AWARDS

Trophies for Competition

(a) Apex Trophy

The trophy was originally awarded to the winner of the Men’s Open 220 yard Freestyle (11 laps) in 1964. Competitors are selected according to times set during the season and is now awarded to the winner of the Men’s Open 200m Freestyle. This is an invitational event.

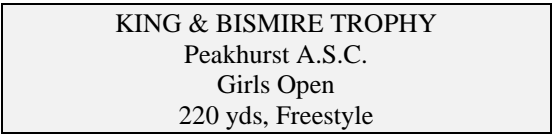
Engraving on the Men’s trophy:



(b) King & Bismire Trophy

The trophy was originally awarded to the winner of the Women’s Open 220 yard Freestyle (11 laps) in the 1963-1964 season. Competitors are selected according to times set during the season and is now awarded to the winner of the Women's Open 200m Freestyle. This is an invitational event.

Engraving on the Women’s trophy:

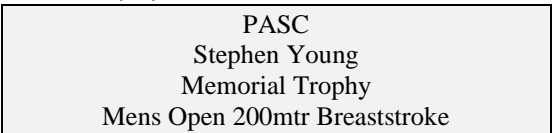


(c) The Steve Young Memorial Trophy

Awarded to the winner of the Men’s 200m Breaststroke.

This trophy was first awarded in the 2014-2015 season to the winner of the Men’s 200m Breaststroke Event. It is named in honour of Club Life Member and lifelong supporter Stephen Young. Steve joined Peakhurst ASC at 11 years of age and continued his involvement for many years as a swimmer, mentor, parent and coach. He still holds a number of Club records. Steve was renowned for his enthusiasm and positive attitude to life and this was clearly demonstrated by his commitment to swimming and to his swimmers. His energy and commitment made him an outstanding role model. While Steve’s career as a coach took him to Canberra and to coaching at Olympic level, he kept his connections with PASC strong, bringing teams to our annual Sprint Meet and visiting whenever possible. This unique and striking trophy has been designed, crafted and donated by Mr Peter Ross, a parent and long term supporter of PASC.

Engraving on the trophy:

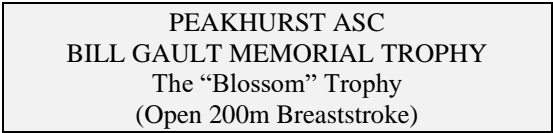


(d) The Bill Gault Memorial Trophy (The Blossom Trophy)

Awarded to the winner of the Women’s 200m Breaststroke.

Presented for the first time in the 2014-2015 season, this trophy was purchased by the Club in memory of long time and hard-working Club member Mr. William Gault. Bill joined the Club with his eldest daughter in 1966 and stayed long after his fourth daughter left the Club in 1983. In his time he served as President, Vice President, Referee, Meet Director, Recorder, Training VP, member of the Executive Committee, Delegate to Royal Life Saving and Club Lifesaving Instructor, Learn to Swim Organizer and Examiner of Instructors. He was made a Life Member in 1981. Due to Bill, our Club gained a very good reputation in the Learn to Swim Program. His service continued until about 2005. He could not remember names, so many of the girls were “Blossom” and the boys were “Mate”.

Engraving on the trophy:



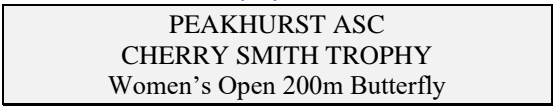
(e) The Cherry Smith Trophy

Awarded to the winners of the Women’s and Men’s Open 200m Butterfly.

First presented in the 2018-19 Summer season, this trophy is in recognition of the outstanding contribution Cherry Smith has made to the sport of swimming globally. Cherry become involved in the Club in the early 1990s and quickly assumed the roles on the Committee. of Race Secretary when her whole family (husband Steve and children Tamara (Tammy), Shannon and Jake) became involved with the Club. Vice President 2005-2009. Her children were dedicated swimmers with Tammy creating new 200m Butterfly records in 1995, 1997, 1998 and 1999.

Cherry gained all her Technical Official accreditations from 1994 through to 2001 when she gained her level 1 Referee. Since then she has progressed to Level 2 (State Referee) and then to Level 3 (National Referee). Afterwards she was appointed to the FINA List, a very rare honour which has enabled her to Referee at International Competitions such as Commonwealth Games, World Cup, Olympic Games and Paralympic Games. Accolades don’t stop there as she was awarded the Swimming NSW Technical Official of the Year and then followed that up by being presented in 2018 with the ultimate “gong”, the Roger Smith Technical Official of the Year Award by Swimming Australia.

Engraving on the Women’s trophy:



Engraving on the Men’s trophy:



(f) *The Judith Bennetts Memorial Trophies*

Originally awarded to the winners of the Women’s and Men’s Open 100 yard Freestyle (5 laps) it is now awarded to the winners of the Women’s and Men’s Open 100 metre Freestyle.

First presented at the end of the 1984-1985 season, these trophies were purchased by the Club in memory of a long time dedicated member of the Club, Judith Bennetts, lost to us in an accident in 1982. Judith was the daughter of Graham (a former Club Referee) and Ruth Bennetts.

Engraving on the Women’s trophy:

PEAKHURST AMATEUR SWIMMING
CLUB
“Judith Bennetts” Memorial
Trophy

Engraving on the Men’s trophy:

PEAKHURST AMATEUR SWIMMING
CLUB
“Judith Bennetts” Memorial
Trophy

(g) *The Marie and Trevor Keith Memorial Trophies*

These trophies are awarded to the boy and girl winners of the 11 years and under 100 metres Open Freestyle Championship.

Originally called the Marie Keith Memorial Trophies, they were originally purchased by the Club in memory of a dedicated worker for the Club, Marie Keith. Marie had 3 children as members of the Club and worked in some capacity or other from the time she came to the Club.

After Marie's passing Trevor continued his association with the Club and at the time of his passing was one of its Patrons. These trophies were first presented at the end of the 1984-1985 season. It was won for the first time by Heather Keith.

These trophies were renamed in the 2017-2018 season to the Marie and Trevor Keith Memorial Trophies after Trevor’s passing in early 2018.

Engraving on the Girls’ trophy:

PEAKHURST AMATEUR SWIMMING
CLUB
“Marie Keith” Memorial
Trophy

Engraving on the Boys’ trophy:

PEAKHURST AMATEUR SWIMMING
CLUB
“Marie Keith” Memorial
Trophy



(h) The Bill Andrews Memorial Trophies

These trophies are awarded to the winners of the Girls Open 100 metre Medley and the Boys Open 100 metre Medley.

These trophies were first presented in the 1991-1992 season and were purchased by the Club in memory of Mr Bill Andrews. Bill held the position of Secretary for approximately 28 years and was a dedicated member of the Club. He always believed that the Medley was the test of the best swimmer.

Engraving on the Women's trophy:

PEAKHURST A.S.C.
BILL ANDREWS MEMORIAL TROPHY
100 METRES INDIVIDUAL MEDLEY

Engraving on the Men's trophy:

PEAKHURST A.S.C.
BILL ANDREWS MEMORIAL TROPHY
100 METRES INDIVIDUAL MEDLEY

(i) The Sprint Trophies (The Pat Lusty Trophies)

These trophies are awarded to the winners of the Men's and Women's Invitational 25 metre Freestyle Dash.

These trophies were donated by Mrs Pat Lusty and were first presented in the 1989-1990 season as a challenge to the top swimmers in the Club.

The 25 metre event came into being because of a request from the senior swimmers that they be able to swim 1 lap (at that time 20 yards) instead of 5 (100 yards). The event which started as a joke has become an eagerly contested event. Competitors are selected according to times set during the season and are invited to compete by the Race Committee.

Engraving on the Women's trophy:

PEAKHURST A.S.C.
"THE SPRINT" TROPHY
Donated by Pat Lusty

Engraving on the Men's trophy:

PEAKHURST A.S.C.
"THE SPRINT" TROPHY
Donated by Pat Lusty

(j) Tadpole Awards (The Rose Agius Trophies)

These trophies were donated by Mrs Rose Agius (Peakhurst Pool coach) for competition between boys and girls 5 years and under.

At the time these were first presented (in the 1980-1981 season) the youngest age group in the Championships was 6 years and under. The Tadpole's competition was for

Freestyle, Breaststroke and Backstroke and was swum prior to the Championships allowing those swimmers to also compete in the 6 years events.

When the Championships were expanded to include 5 years and under events, the Tadpole Awards became part of the normal perpetual awards. They are awarded to the overall winners of the Girls and Boys 5 years and under age group.

Engraving on the Girls' trophy:

Awarded to the overall Girls winner of the
5 years & under age group

Engraving on the Boys' trophy:

Awarded to the overall Boys winner of the
5 years & under age group

(k) The McAlpine Relay Trophies

This trophy is awarded to the winners of the All Age Handicap Relay which is the last event in the Summer Championships.

Donated by Mr Don McAlpine, a past official of the Club.

First and second place getters in each freestyle age event are formed into four teams, (a Girls A & B team and a Boys A & B team or Mixed Team depending on numbers).

This is a handicap event and the winners were originally decided on the combined performance of the A & B teams and awarded to all the girls or all the boys. This has now been changed so that only the winning team receives the trophy. The trophy was originally awarded in the 1977-1978 season.

Engraving on trophy:

THE
MCALPINE
AGE RELAY CUP

(l) President's Relay Certificates

For the winners of the inaugural President's relay in the 2006-2007 season that was established so that all competitors have an opportunity to compete in a championship relay event. This is a handicapped event.



Trophies for Performance

(a) Dr. Hardie Cup

This trophy was donated by Dr Robert W. Hardie, a well known local G.P., who was Club Patron in the early days of the Club and was originally awarded in the 1961-1962 season, having regard to the following:

- (i) Swimming ability
- (ii) Attendance and general conduct at the Club
- (iii) Participation in Club activities
- (iv) Attendance at District Carnivals

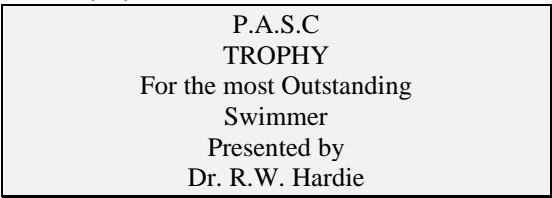
This is the most important Club trophy and is not always awarded.

Several years ago the criteria was redefined to read:

Awarded to the Club Member or Members who have been judged:

- (i) to have made a special contribution to the Club by the work they do
- (ii) by their general conduct
- (iii) by their participation in Club activities

Engraving on the trophy:



(b) The Graham Bennetts Memorial Point Score Trophies

The Graham Bennetts memorial trophies are awarded in memory of long term member and technical official Graham Bennetts who gave service to our Club. Graham was for a long time our only Referee who, long after his children were grown and left the Club, still came whenever needed him.

These trophies are awarded to the Boy and Girl achieving the highest point score of the season. The 9 remaining swimmers receive a Top Ten Point Score award.

Engraving on the Girls' trophy:



Engraving on the Boys' trophy:



(c) Marty Hannon Trophy (Masters Swimmer of the year)

This trophy is presented in recognition of the tireless contribution that the late Mr Martin Hannon made to Peakhurst Swim Club over many years.

Marty had a passion for the achievements of swimmers of all ages and abilities and keenly supported the participation of all members, irrespective of their abilities and strengths, as such he was a strong advocate of the handicap form of racing. He was known to spend numerous hours each week ensuring the accuracy of the handicap records of every club swimmer.

In awarding of this trophy in his honour, it is hoped that this passion for fair competition will continue.

This trophy is awarded to the Masters group of swimmers (35yrs & over) and is awarded on the basis of participation and achievement and is awarded to the leading Masters swimmer on the Summer Season point score system.

Engraving on trophy:

Marty Hannon Memorial Trophy
Masters Swimmer of the Year

(d) The Most Improved Swimming Trophies (The Barrett Encourage Cups)

These cups were donated in August 1963 and first presented in the 1963-1964 Season by Mr R. J. Barrett (a former President of the Club) originally for competition at 40 yards (2 laps) between all grades of swimmer, the times to be recorded at the beginning of the season and at the end of the season. The swimmer with the greatest difference achieved, to be deemed the winner. His request was that they be named “*The Barrett Encourage Cup for Boys*” and “*The Barrett Encourage Cup for Girls*”. The trophies to be held by the winner during the off season and returned to the club at the commencement of the swimming season.

The criteria has been redefined over the years due to changes in Club structure and is now awarded to the swimmer (boy and girl) who has shown most improvement in swimming ability during the season. To be given for sustained effort, not necessarily to the top placegetters.

Engraving on the Girls’ trophy:

Peakhurst W A S C
Most Improved
Swimming
Time
Presented by R. J. Barrett

Engraving on the Boys’ trophy:

Peakhurst A S C
Most Improved
Swimming
Time
Presented by R. J. Barrett



The girls’ trophy has “Peakhurst WASC” inscribed since at that time the boys and girls had their own swimming club, the girls known as the Peakhurst Women’s Amateur Swimming Club.

(e) The Encouragement Awards (The Foote Trophies)

These were donated by Mrs G. Foote to encourage the younger swimmer to attempt all strokes and were first presented in the 1973-1974 season. This was competed for by the D-Beginners Grade, who swam 1 lap (20 yards).

Due to the changes in Club swimming these awards are now judged on the 15 and 25 metre swimmers who must swim in all styles.

Engraving on the Girls’ trophy:

PEAKHURST A.S.C.
ENCOURAGEMENT AWARD

Engraving on the Boys’ trophy:

PEAKHURST A.S.C.
Encouragement Award

(f) The Junior Dolphin Swimmer of the Year Trophy

A Junior Dolphin Trophy was first awarded in the 2016-2017 season. The Junior Dolphin Swimming program arose from an initiative of Swimming Australia and Swimming NSW. The aims of the program are to encourage the participation and development of 7 years and under swimmers in the sport of Swimming and to act as a water safety initiative by increasing these swimmers confidence in and around the swimming environment. The Club, with the support of Mr Ray Moran, Director of XCEL Steel Security Systems, a Club sponsor, decided to individually recognise the achievements of these swimmers within the Club.

In awarding this trophy the Club took into account participation in various activities. This participation included:

- (i) attendance at the learn-to-swim program conducted by the Club before swimming each Club day
- (ii) their attendance at Club days throughout the season
- (iii) their willingness to undertake swimming races in the four form strokes and the medley
- (iv) and to participate in the Club Championship
- (v) Club relays
- (vi) representing the Club in our interclub meet

Engraving on trophy:

JUNIOR DOLPHIN SWIMMER OF THE
YEAR
Donated by XCEL Steel Security Systems



(g) The Learn to Swim Trophies

The Boy’s Trophy was presented to the Club by D. J. Parrott and the Girl’s Trophy by D. A. Ryan.

These trophies were presented to the girl and boy considered to have contributed most to the Learn to Swim Free campaign run by our Club. With the changes over the years, all volunteers are now considered for the trophies and they are frequently shared.

Requirements for instructors were altered by Swimming New South Wales and it became impossible to continue the classes. The Learn to Swim program was a major component of Peakhurst ASC from the very beginning of the Club in 1961, and in 2010 with great regret the program was terminated.

The Learn to Swim Trophies were again awarded after Swimming Australia brought in the Junior Dolphin Program where swimmers aged 7 years and under received swimming instruction. Under new guidelines of Swimming New South Wales we have been able to re-establish the Learn to Swim program and it resumed in 2015-2016 season.

Engraving on the Female’s trophy:

PEAKHURST A.S.C.
1966-67
Junior Swimming Instructor
Special Award – Girls
Pres. By
D.A. RYAN

Engraving on the Male’s trophy:

PEAKHURST A.S.C.
1966-67
Junior Swimming Instructor
Special Award – Boys
Pres. By
D.J. PARROTT

(h) Disadvantaged Trophy (Letherborrow Trophy)

This trophy was donated by Mr Ted Letherborrow and was originally presented in the 1978-1979 season.

The trophy is presented to a member or members who, having been disadvantaged by illness or injury, has been unable to compete fully. They must be keen members of the Club and actively participating to the best of their ability. This trophy is not always presented and can be shared.

Engraving on the trophy:

“Ted Letherborrow”
Memorial Trophy



(i) Junior Club Member of the Year (David Reus Trophy)

This trophy is in honour of a past Club member who died unexpectedly at a very young age. He was a member for at least 10 years and together with his family formed a large part of the club. His father was a former club President, his mother help run the front desk and do the raffle, hand his sisters was first presented in the 2018-19 Season to a younger club member aged approximately 8-14 years. It is awarded to someone that attends Club regularly, attends Club events and is generally involved in the Club.

Engraving on the trophy:

David Reus Memorial Trophy
Junior Club Member of the Year



APPENDIX D - CLUB LOGO



APPENDIX E - NOMINATION FORM FOR ELECTION TO POSITIONS AT THE AGM

I wish to nominate for a position on the Club’s Committee:

Please tick all positions who wish to nominate for:



- | | |
|--|--|
| <input type="checkbox"/> President | <input type="checkbox"/> Treasurer |
| <input type="checkbox"/> Senior Vice President | <input type="checkbox"/> Registrar |
| <input type="checkbox"/> Secretary | <input type="checkbox"/> Meet Director |
| <input type="checkbox"/> General Committee Member (nine positions available) | |

Please declare any positions with SAL, SNSW or MetSEA

STANDING COMMITTEES

- ☐ I wish to nominate for a position on the **Management Committee** *(two positions available)*
- ☐ I wish to nominate for a position on the **Race Committee** *(five positions available)*

The following Officers will also be appointed at the AGM:
Please select those you wish to be considered for

- | | |
|---|--|
| <input type="checkbox"/> Referee | <input type="checkbox"/> Social Secretary |
| <input type="checkbox"/> Starter | <input type="checkbox"/> Publicity Officer |
| <input type="checkbox"/> Chief Timekeeper | <input type="checkbox"/> Property Officer |
| <input type="checkbox"/> Marshal | <input type="checkbox"/> Member Protection Information Officer |
| <input type="checkbox"/> Race Secretary | <input type="checkbox"/> Delegate to Area |
| <input type="checkbox"/> Chief Recorder | <input type="checkbox"/> Delegate to Pool Management |
| | <input type="checkbox"/> Delegate to SNSW |

I shall willingly accept the position for which I am nominating:

Name:

Signature:

THIS NOMINATION FORM MUST BE IN THE HANDS OF THE SECRETARY NOT LESS THAN 10 DAYS BEFORE THE AGM

