



Peakhurst ASC Inc Newsletter

Winter Season

<https://peakhurst.swimmingclub.org.au>

Thought of the Week – “The beautiful thing about learning is that no one can take it away from you.”

29 April 2023

Today's Events: *200m Freestyle, Butterfly (100m*), Medley (Br), Freestyle, Freestyle Relay*

Birthday Wishes

John Owen celebrates his birthday on 1-5-2023.

We hope you have a happy birthday John.

Upgrades

Upgrades Week 1 – 22-04-2023

Arin Pandit → 100mtr Backstroke, 100mtr Butterfly

Dale Sharpe → 50mtr Freestyle

David Chapman → 100mtr Backstroke

Havana Gabriel → 25mtr Backstroke, 25mtr Breaststroke

Jensen O’Gorman → 50mtr Breaststroke

Kyle Chen → 100mtr Butterfly

Natalie Owens-Burnes → 25mtr Butterfly

Oliver Lane → 25mtr Backstroke

Tristan Gabriel → 50mtr Backstroke, 50mtr Butterfly

Congratulations to these swimmers.

Winter Almanacs

Winter Almanacs are available on the front desk today, they can also be found on the website.

Weekly Swimming Stats

Week	Date	Swimmers	Pb's	Upgrades
1	22-04	47	62	12
2	29-04			
3	06-05			
4	13-05			

Upcoming Events

06-05-2023 - Monthly Club Meeting

13-05-2023 - Mother's Day Raffle

28-05-2023 - Jnr Sprint Meet

31-05-2023 – Peak ASC Annual Gen Meeting

03-06-2023 - Presentation Night

Winter Season Club Captains

Today we are again taking nominations for Winter Season Club Captains.

Get a nomination form from the front desk and nominate a girl and boy for Club Captain.

Nominees must be 12yrs or over and a registered member of the Club.

Mother's Day Raffle

Mother's Day is on Sunday 14 May 2023, and we will draw our Mother's Day raffle on Saturday 13 May 2023.

We ask all our families to bring in an item for this raffle, some suggestions are:-

Wine, chocolates, books, cookies, cosmetic items, candles or anything that you think would be a nice gift for mum.

Please start bringing in these items now.

Summer Season Presentation

Summer Season Presentation will be held on Saturday 3-6-2023 in the hall of Our Lady of Fatima Church, Forest Road, Peakhurst from 6.30pm.

Dinner will be served from 6.45pm followed by the presentation of awards.

There will be a small charge for the food, which we will advise shortly, drinks are BYO.

Please let the front desk know that you are able to attend and the number of people attending.

Volunteers Needed Urgently

With the start of Winter Season Robin is winding down on her Club duties.

We are urgently looking for parents to take on her roles.

They can be shared by a number of parents, one person doesn't have to take on the lot.

Some jobs are weekly, while others are monthly or even seasonal.

We are looking for someone to take on the newsletter, monthly point score medals, trophy buying, maintaining the website and instagram, printing, organising presentations and various other administrative jobs.

It is essential for the wellbeing of the Club that these roles are filled.

Please consider taking on one of these jobs so that Club can continue to function as normal.

There are no special skills required to carry out these roles, training will be provided and Robin is only a phone call away to help.

Once the AGM and Presentation are over Robin will be retiring from all Club duties.

Your contribution will not only be rewarding but will provide ongoing benefits to all our Club members.

Please contact Robin on 0417 418 334 or robin.ede61@gmail.com and I will be only too pleased to help you transition into the role of your choice.

Monthly Club Meeting

This Wednesday night, 7.30pm at Club Rivers, Littleton St, Riverwood.

All are welcome, come along and be part of the decision making.

Bring a Friend Day

Today is Day 2 of Bring a Friend Day. If your friend was unable to come today they can come next week 6-5.

Remember the first week they swim for FREE, then the weeks following they pay \$2.00 per race. They can swim up to 4 times before having to pay registration fees.

Winter Season Fees

Fees for Winter Season for new members will be \$125.00 for a Club Swimmer and \$130.00 for a Competitive Swimmer.

If more than one family member joins at the same time the second and subsequent child/children will get 15% discount on their fees.

Talk to Donna who can give you more information on this.

PASC Junior Sprint Meet

Entries for our Junior Sprint Meet are now open on Swim Central and filling fast. If you haven't entered yet, do so quickly so you don't miss out. Race entries are \$9.00 per even

t.

We will need many helpers on the day, time keepers, recorders, marshals, bbq chefs, just to name a few. Please come forward and speak to George so he can fill the roster.

Joke of the Week

Q: What's the easiest way to get straight "A"s

A: Use a ruler!!



Volunteering

Volunteering at Peakhurst ASC is a vital part of making Swim Club work each week.

We require many helpers each week to run the races. Please come forward and help out.

No experience is required, watching the action from the blocks means you don't miss a thing.

Let's share the load, if all parents get in and help at least 4 times per season the load can be shared around.

Carnival Calendar

Date	Club	Location	Entry Format	Cost and Closing Date
Sat 20 & Sun 21 May 2023	Swim NSW SC Qual Meet	Sydney Olympic Park Aquatic Centre	Online via Swim Central	\$11.00 per event entries close 9-5-2023 QT's apply
Sun 28-5-2023	PASC Jnr Sprint Meet	Peak West Pool, Ogilvy St, Peakhurst	Online via Swim Central	\$9.00 per event Entries close 20-5-2023 or when entry limit is reached.
Sat 17 & Sun 18-6-2023	Metsea Winter Championships		Online via Swim Central	TBA

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.

These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information. <https://nsw.swimming.org.au>

If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Robin Ede on 0417 418 334 or at robin.ede61@gmail.com by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com

PEAKY SWIM STAR

Name:	Annika Gillan
Age:	16
Favourite Swimming Stroke:	Freestyle
Hobbies:	Netball
When I Grow Up I Want To Be:	Rich
School I Attend:	Marist Penshurst
Favourite School Subjects:	Business Studies
Favourite Sports Team:	Roosters & Oatley Diamonds
Favourite Food:	Butter Chicken
Favourite Movie:	Murder Mystery
Favourite TV Show:	Travel Guides or Mr Magoo
Favourite Songs:	Kiwi by Harry Styles
Whom I Most Admire:	My Parents
Likes:	Travelling & Sleeping in on Weekends
Dislikes:	Butterflies & Rude People
In 5 Years Time I Would Like To Be:	In a Good Job
How Would You Describe Yourself:	Tall & Kind
I am Really Good At:	Netball & Sleeping



**06-05-2023 – SPRINT – Backstroke, Breaststroke, Freestyle,
Butterfly, Jnr 25m Dash**