



Peakhurst ASC Inc Newsletter

Winter Season

<https://peakhurst.swimmingclub.org.au>

Thought of the Week – “Not all storms come to disrupt your life, some come to clear your path.”

22 April 2023

Today's Events: SPRINT - Breaststroke, Freestyle, Butterfly, Backstroke

Welcome Back

We hope all our swimmers and their families had a lovely Easter break.

Welcome to all our new families joining us today for the first time.

If you have any questions please come and speak to one of our officials.

We hope you enjoy your time with Peakhurst Swim Club.

Summer Championships

Another exciting Summer Championships where we saw 65 swimmers contest 164 events.

Congratulations to Jordan setting a new record in the Mens 100mtr Breaststroke setting a new time of 1:14.63 and George set a new record in the Mens 100mtr Ind Medley setting a new time of 1:09.90.

Adam Murphy was the winner of the Men's Dash and Izzy Skead the winner of the Girl's Dash. Congratulations to you both.

We then swam the exciting McAlpine Relay and the Mixed "C" Team were the winners. Congratulations to Kaitlin, Jason, Daniel, Ryan, Greg, Anup, Harper, Manaia, Mikayla, Oliver and Lincoln.

Winter Almanacs

Winter Almanacs are available on the front desk today, they can also be found on the website.

Weekly Swimming Stats

Week	Date	Swimmers	Pb's	Upgrades
20	11-03	48	54	9
21	18-03	57	58	5
22	25-03	57	108	-
23	01-04	54	76	-

Upcoming Events

22-04-2023 - Winter Season Begins

03-05-2023 - Monthly Club Meeting

14-05-2023 - Mother's Day Raffle

28-05-2023 - Jnr Sprint Meet

Winter Season Club Captains

Today we are taking nominations for Winter Season Club Captains.

Get a nomination form from the front desk and nominate a girl and boy for Club Captain.

Nominees must be 12yrs or over and a registered member of the Club.

Mother's Day Raffle

Mother's Day is on Sunday 14 May 2023, and we will draw our Mother's Day raffle on Saturday 13 May 2023.

We ask all our families to bring in an item for this raffle, some suggestions are:-

Wine, chocolates, books, cookies, cosmetic items, candles or anything that you think would be a nice gift for mum.

Please start bringing in these items now.

Summer Season Presentation

Summer Season Presentation will be held on Saturday 3-6-2023 in the hall of Our Lady of Fatima Church, Forest Road, Peakhurst from 6.30pm.

Dinner will be served from 6.45pm followed by the presentation of awards.

There will be a small charge for the food, which we will advise shortly, drinks are BYO. Please let the front desk know that you are able to attend and the number of people attending.

Committee Positions

This year the Club will be faced with filling a number of vacancies on its committee, as number of the current committee members are either standing down or retiring after many years of service.

It is essential for the wellbeing of the Club that these committee positions are filled. The continued growth, development and success of the club depends upon it having a diverse and energetic committee with a wide range of views and thoughts.

This is especially so when planning for our, award and trophy purchases, end of season presentation day functions and the Sprint and Mini Meets.

As such, I ask all members and senior swimmers over the coming weeks to give some deep thought in becoming Club committee member.

There are no special skills required to be a committee member just a willingness to take a more active role within the club and to bring forward new thoughts and ideas for the ongoing improvement of the club.

Your contribution will not only be rewarding but will provide ongoing benefits to all our Club members'.

With the imminent retirement of Robin Ede, Senior Vice President, a number of roles within the Club that she performed will need to be filled prior to the AGM in May.

These roles include the:

- preparation and editing of weekly newsletter,

- administration of the club's Web, Instagram and Facebook pages

If anyone would like more information about these roles or would like to join the Club committee now, could you please approach either myself or other committee members Pat, Allison, Deb or George at Club, or give David a call on 0411325095.

Bring A Friend Day

Bring a Friend Day starts today and runs for the next 2 weeks, 29-4 and 6-5.

The first time your friend gets to swim for Free, if they come again, they pay \$2.00 per race.

They can swim up to 4 times before having to pay registration fees.

Winter Season Fees

Fees for Winter Season for new members will be \$125.00 for a Club Swimmer and \$130.00 for a Competitive Swimmer.

If more than one family member joins at the same time the second and subsequent child/children will get 15% discount on their fees.

Talk to Donna who can give you more information on this.

PASC Junior Sprint Meet

Entries for our Junior Sprint Meet are now open on Swim Central.

Race entries are \$9.00 per event. Get your entries in quick so you don't miss out.

We will need many helpers on the day, time keepers, recorders, marshals, bbq chefs, just to name a few. Please come forward and speak to George so he can fill the roster.

Joke of the Week

Q: How do you measure a snake?

A: In inches – they don't have feet!!

Volunteering

Volunteering at Peakhurst ASC is a vital part of making Swim Club work each week.

We require many helpers each week to run the races. Please come forward and help out.

No experience is required, watching the action from the blocks means you don't miss a thing.

Let's share the load, if all parents get in and help at least 4 weeks per season the load can be shared around.

Carnival Calendar

Date	Club	Location	Entry Format	Cost and Closing Date
Sun 28-5-2023	PASC Jnr Sprint Meet	Peak West Pool, Ogilvy St, Peakhurst	Online via Swim Central	\$9.00 per event Entries close 20-5-2023 or when entry limit is reached.
Sat 17 & Sun 18-6-2023	Metsea Winter Championships		Online via Swim Central	TBA
Sun 6-8-2023	CASC Winter Qual Meet	Murray Rose Aquatic Centre	Online via Swim Central	TBA

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.

These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information. <https://nsw.swimming.org.au>

If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Donna Lane at registrar.peakhurstasc@gmail.com by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com

PEAKY SWIM STAR

Name:	Lola Galati
Age:	9
Favourite Swimming Stroke:	Freestyle
Hobbies:	Sewing, Swimming, Dancing, Art
When I Grow Up I Want To Be:	A Designer
School I Attend:	St Josephs, Riverwood
Favourite School Subjects:	Art
Favourite Sports Team:	Swifts, NSW Netball Team
Favourite Food:	Tacos
Favourite Movie:	Harry Potter Movies
Favourite TV Show:	Series of Unfortunate Events
Favourite Song:	Flowers by Miley Cyrus
Whom I Most Admire:	Mum
Likes:	Netball, Reading
Dislikes:	Mushrooms, Olives
In 5 Years Time I Would Like To Be:	Better at Swimming
How Would You Describe Yourself:	Creative & Funny
I am Really Good At:	Drawing & Art



29-04-2023 – 200m Freestyle, Butterfly (100m*), Medley (Br), Freestyle, Freestyle Relay

