

Peakhurst ASC Inc Newsletter

Summer Season

<https://peakhurst.swimmingclub.org.au>

**Thought of the Week – “There is no limit to what we, as women, can accomplish.”**

**11 March 2023**

**Today’s Events: 200m Backstroke Championship Swims, Freestyle, Medley (Br), Breaststroke (100m\*)**

**Robin Ede**

It was with deep regret that, at our last Club Committee meeting, Robin Ede announced her intention to withdraw from her various roles within our swim club.

Robin did not make this decision lightly but with the additional challenges that she and her family now face, and given Graham’s health and on-going well-being, this decision had been taken out of her hands.

Over the past 17 years the Ede family, Robin, Graham, Kaitlin and Mitchell have held many

club positions and have been great and active members of our club, this is reflected in the

fact that they are all Club Life Members.

Over these years Robin has cheerfully carried out many activities for our members, some of

these include her contribution to the success of Club events like:

* our Summer and Winter Season Presentation Days,
* the quality of our presentation awards and trophies,
* our member communication, based around our club web site, Instagram and Facebook pages along with the establishment, maintenance and transition of our previous web site to its new site. The quality of our web page has been commented upon as being the envy of many other clubs,
* our weekly club newsletter,
* the execution of our Sprint and Mini Meet carnivals,
* the accuracy and maintenance of our historical membership records.

Robin also played an active role in guiding the club through the recent difficult Covid period.

Her contribution to the club over these years has been fantastic and her efforts will be

greatly missed.

Robin has also been a competitive Club swimmer who has set many Club race records.

Robin has indicated that she will not depart the club fully and will when time allows pay us a visit and offer her advice if required.

On behalf of all our club members, I would like to offer Robin my sincere thanks for all that she has done for the Club and for her contributions in making it the strong and vibrant club that it is today.

I wish Robin and her family a safe and bright future and would like to assure her that her

many friends within our Club will always be here for her, Graham, Kaitlin and Mitchell.



David Goff,

President

**Committee Positions**

This year the Club will be faced with filling a number of vacancies on its committee, as

number of the current committee members are either standing down or retiring after many

years of service.

It is essential for the wellbeing of the Club that these committee positions are filled. The

continued growth, development and success of the club depends upon it having a diverse

and energetic committee with a wide range of views and thoughts.

This is especially so when planning for our, award and trophy purchases, end of season

presentation day functions and the Sprint and Mini Meets.

As such, I ask all members and senior swimmers over the coming weeks to give some deep thought in becoming Club committee member.

There are no special skills required to be a committee member just a willingness to take a

more active role within the club and to bring forward new thoughts and ideas for the

ongoing improvement of the club.

Your contribution will not only be rewarding but will provide ongoing benefits to all our

Club members’.

With the imminent retirement of Robin Ede, Senior Vice President, a number of roles within the Club that she performed will need to be filled prior to the AGM in May.

These roles include the:

* preparation and editing of weekly newsletter,
* administration of the club’s Web, Instagram and Facebook pages

If anyone would like more information about these roles or would like to join the Club

committee now, could you please approach either myself or other committee members Pat, Allison, Deb or George at Club, or give me a call on 0411325095.

David Goff, President

**Summer Registration Fees**

As we approach the end of Summer Season all our swimmers should now be registered so they can compete in Summer Championships.

For our new swimmers you can take up our special offer of joining now and your children can swim in our upcoming Summer Championships as an Exhibition Swimmer.

See Winter Fees for details of costs.

Please see Donna Lane for all registration details.

**Weekly Swimming Stats**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week** | **Date** | **Swimmers** | **Pb’s** | **Upgrades** |
| 16 | 11-02 | 60 | 66 | 5 |
| 17 | 18-02 | 41 | 49 | 5 |
| 18 | 25-02 | 35 | 69 | 2 |
| 19 | 04-03 | 53 | 91 | 5 |

**Upgrades**

**Upgrades Week 19 – 04-03-2023**

Amelia O’Gorman → 50mtr Freestyle

Chloe Lin → 50mtr Breaststroke

Jameson Gregory-Gaughan → 50mtr

Breaststroke

Kayley Hogan → 25mtr Butterfly

Orlado Fing → 25mtr Backstroke

Congratulations to these swimmers.

**Birthday Wishes**

Mitchell Van Ryn turns 9 today, Lola Galati turns 9 tomorrow, Erin Seymour turns 14 on Friday.

We hope you both have a wonderful birthday.

**Upcoming Events**

25-03-2023 - Day 1 Summer Championships

01-04-2023 - Day 2 Summer Championships

01-04-2023 - Easter Raffle

06-04-2023 - Monthly Club Meeting

28-05-2023 - Jnr Sprint Meet

**Easter Raffle**

We will be drawing our Giant Easter Raffle on Day 2 of Summer Championships 1-4-2023.

We ask every family to bring in an item for this raffle.

Please start bringing in these items.

**Summer Championship Entries**

Entries are now open for Summer Championships. The event list is on page 7 of this newsletter,

Please read through carefully the email that George sent out during the week. If anyone has any questions please see George at Club or send him an email.

Cost is $1.50 per entry, you will enter both days events on the one entry form. Entries are the same as the weekly entries only you will be required to pay at the time of entry, you will also be charged a transaction fee on the total cost.

Swimmers who have not qualified can swim in championships as an Exhibition Swimmer.

As long as you are registered you can enter.

Further championship information can be found on page 5 of this newsletter.

**Bring A Friend Day**

Our last Bring a Friend Day was such a success that we are doing it again at the start of Winter Season.

This time it will be over 3 weeks, you can come any, or all of the weeks, 22-4, 29-4 or 6-5. The first time you will get to swim for Free, if you come again you will only pay $2.00 per swim race entry fees.

You can swim up to 4 times before you have to pay registration fees.

Spread the word and see if we can get some new members for Winter Season.

**Winter Season Fees**

New members joining for Winter Season can do so now if they wish.

Fees will be $125.00 for a Club Swimmer and $130.00 for a Competitive Swimmer.

If more than one family member joins at the same time the second child will get 15% discount on their fees.

If you join now your kids can swim in Summer Championships as an Exhibition Swimmer.

Talk to Donna who can give you more information on this.

**PASC Junior Sprint Meet**

Our Junior Sprint Meet is back on Sunday 28-5-2023.

Entries will open shortly, get in fast so you don’t miss out. Entry fee TBA.

We will need many helpers on the day, time keepers, recorders, marshals, bbq chefs, just to name a few. Please come forward and speak to George so he can fill the roster.

**Winter Season Flyer**

A flyer for Winter Season will be emailed out to all our members towards the end of the season.

We ask that everyone posts this flyer onto their social media to attract new members.

**Carnival Results**

**Georges River PSSA District Carnival**

**Jameson Gregory-Gaughan 10yrs Boys**

100mtr Freestyle – PB 1.48.08

50mtr Freestyle – PB 46.38

200mtr Ind Medley 2nd

Jameson also contsted the 50mtr Back, Breast, Fly and also the 4 x 50mtr Snr Free Relay.

**Joke of the Week**

**Q:** Why should you never trust stairs.

**A:** They’re always up to something.

**Carnival Calendar**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Club** | **Location** | **Entry Format** | **Cost and Closing Date** |
| Sat 25 to Sun 26-3-2023 | 2023 Jnr State Age Champs | Sydney Olympic Park Aquatic Centre | Online via Swim Central | $21.00 per event Entries close 14-3-2023 QT’s apply |
| Sun 2-4-2023 | Maccabi 12yrs 7 & Under Dev Meet | Des Renford Swimming Centre | Online via Swim Central | TBA |
| Sun 28-5-2023 | PASC Jnr Sprint Meet | Peak West Pool, Ogilvy St, Peakhurst | Online via Swim Central | TBA |
| Sun 6-8-2023 | CASC Winter Qual Meet | Murray Rose Aquatic Centre | Online via Swim Central | TBA |

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

**Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.**

**These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information.** [**https://nsw.swimming.org.au**](https://nsw.swimming.org.au)

**If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.**

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Robin Ede on 0417 418 334 or at [robin.ede61@gmail.com](mailto:robin.ede61@gmail.com) by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com

**Summer Championships Infomation**

With 2 weeks to go before Summer Championships, there is still time to qualify.

Entries are now open on line and you enter both days of Championships at the same time. You will have to pay for your races at the time of entering, cost is $1.50 per event plus transaction fee.

Swimmers need to be registered and must have swum 8 Freestyle swims and 4 of each of the other form strokes.

A Black Line sheet is available at the Recording Table and the website so you can see what swims are required to qualify for Championships.

An Event List can be found on the wbesite an also page 7 of this newsletter.

If next to your child's name is a black line that means that they have qualified for all swims in their age group.  If there is a number next to their name that means they still have to swim that number of swims to qualify for Championships.

If any swimmers have not swum the required number of swims to qualify they can still swim in Championships as an Exhibition Swimmer. This will give them the experience of Championships for next time.

The swimmers that have qualified to swim in the 25m Dash will be announced shortly.

Championships are swum over 2 weeks:-

Day 1 – 25-03-22 – Breaststroke, Butterfly & Freestyle

Day 2 – 01-04-23 – Medley, Backstroke, 25mtr Dash & McAlpine Relay

Cost of each swim is $1.50 per event, program will be available free on line the night before, Gate entry is free.

No of Swims available:-

Freestyle – 2

Backstroke – 1

Breaststroke – 1

Butterfly – 1

Ind Medley – 1

Swimmers can enter just their age events or can enter 11yrs & Under and age events (11yrs & under swimmers) or Age and Open Events (12yrs & Over swimmers).

**25mtr Dash by Invitation**

During the Summer Season there are 4 opportunities for swimmers who have qualified to swim 100mtr freestyle to take part in the 25mtr dash event, there is one more opportunity on 4-3.

This event is open to both boys and girls.

At the conclusion of the 4th Dash swim, the Race Committee will then select the 10 swimmers (5 boys & 5 girls) who will be invited to swim in the 25mtr Dash on Day 2 of Summer Championships.

This event is one of the highlight events of Summer Championships, very exciting and prestigious to be part of.

**McAlpine Relay**

All swimmers are eligible to be chosen to swim in the exciting McAlpine Handicapped Relay.  This relay is the second highlight of Day 2 of Summer Championships.

Freestyle events are swum on Day 1 of Championships and from these events the swimmers will be selected to swim in the McAlpine Relay, which is a relay made up of 4 teams of 13 swimmers.

This relay is a handicapped event and the fastest swimmers from the 25mtr and 50mtr individual Freestyle events are chosen to swim in this relay.

The seeding and handicapping for this relay event is a lengthy and complex process.  If you are not coming on Day 2 of Championships or are leaving early please let George Ross know ASAP so your child can be eliminated from the relay before the seeding process takes place.

We encourage all our swimmers to take part in the end of season championships

**200mtr Backstroke Championship Events**

**Saturday 11 March 2023**

**200m Backstroke Boys Qualifiers**

12 Years & Under

**Record 2:24.08 Mark Donovan 02-02-1997**

1. Corey Hogan 3:27.16

13-16 Years

**Record 2:19.61 Garox Lee 01-09-2012**

1. Nikolas Gadzuric 3:02.05

2. Ryan GIllan 3:10.35

3. Karl Gillan 3:19.44

4. Kyle Chen 3:35.31

17 Years and Over

**Record 2:32.32 Jordan Henry 17-02-2018**

1. Jordan Henry 2:33.45

2. Harrison Taranec 2:47.83

3. George Ross 3:04.52

4. Mitchell Ede 3:47.26

**Open Record 2:19.61 Garox Lee 01-09-20012**

**200m Backstroke Girls Qualifiers**

12 Years & Under

**Record 2:34.58 Keira Warn 20-06-2015**

No Swimmers

13-16 Years

**Record 2:37.03 Tamara Smith 01-02-1998**

1. Alanna Griffiths 3:26.54

2. Annika Gillan 3:39.58

17 Years and Over

**Record 2:49.50 Nicole Chan 13-02-2016**

No Swimmers

**Open Record 2:34.58 Keira Warn**

**20-06-2015**

These 200mtr Championship Events will be swum at the beginning of today’s program

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**PEAKY SWIM STAR**

**Name:** Keira Mottram

**Age:** 8

**Favourite Swimming Stroke:**  Freestyle

**Hobbies:** Netball, Tennis & Playing on the Ipad

**When I Grow Up I Want To Be:** An Engineer

**School I Attend:** St Declan’s Catholic School

**Favourite School Subjects:** Maths & English

**Favourite Sports Team:** Connell’s Point Netball Club

**Favourite Food:** Butter Chicken

**Favourite Movie:** Zombies 3

**Favourite TV Show:** Wednesday

**Favourite Song:** Golden Hour

**Whom I Most Admire:** MyDaddy

**Likes:** Ducks & Toys

**Dislikes:** Vegetables

**In 5 Years Time I Would Like To Be:** In High Schooligh S

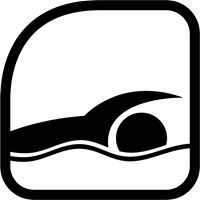
**How Would You Describe Yourself:** Kind, Funny & Weird

**I am Really Good At:** Maths, English & Netball





**18-03-2023 – 200m Ind Medley Championship Swims, Butterfly, Backstroke (100m\*), Freestyle, *Medley Relay***

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