



Peakhurst ASC Inc Newsletter

Summer Season

<https://peakhurst.swimmingclub.org.au>

Thought of the Week – “Look for something positive in each day, even if some days you have to look a little harder.”

1 April 2023

Today's Events: Summer Championships Day 2 Age & Open Medley and Backstroke, 25m Dash & McAlpine Relay

Summer Championships Day 2

Today is Day 2 of Summer Championships, we wish all our swimmers the best of luck.

Let's hear lots of cheering from the stand.

Signing Off

Since June 2008 I have been producing the weekly newsletter and today 15 years later I am signing off.

I have enjoyed this task every week and have loved printing the swimming success of all our swimmers both past and present.

I've also published many other happy and informative stories along with important swimming news and issues.

We urgently need someone to take on this role from Day 1 of Winter Season.

Please come and talk to me and I will be happy to give you further details.

Robin Ede

Birthday Wishes

Ben Portois turns 13 today, Zara Murphy turns 10 on Thursday.

We wish you both a very happy birthday.

Birthday Wishes during the Break

Flynn McInerney turns 13 on 8-4, Isla Duffy turns 11 on 11-4, Kayley Hogan turns 8 on 16-4 and Ivy Lane turns 10 on 19-4.

We wish you all a very happy birthday.

Weekly Swimming Stats

Week	Date	Swimmers	Pb's	Upgrades
19	04-03	53	91	5
20	11-03	48	54	9
21	18-03	57	58	5
22	25-03	57	108	-

Upgrades

Upgrades do not apply during the 2 weeks of Championships.

If your child swum upgrades during these 2 weeks they will have to reproduce them when Club returns for Winter Season.

Upcoming Events

01-04-2023 - Day 2 Summer Championships
01-04-2023 - Easter Raffle
06-04-2023 - Monthly Club Meeting
22-04-2023 - Winter Season Begins
28-05-2023 - Jnr Sprint Meet

Easter Raffle

Today we are drawing our Giant Easter Raffle.

Many thanks to everyone that brought in an item and good luck to all those that bought tickets.

Winter Almanacs

Winter Almanacs are available on the front desk today.

Please pick up a copy so you are prepared for Winter Season.

Almanacs can also be found on the website.

Monthly Club Meeting

This Wednesday night 6 April 2023 is Club Meeting night.

It will be held at Club Rivers, Littleton St, Riverwood, at 7.30pm.

The meeting is open to all our parents and senior swimmers, come along and be part of the decision making. New input is always welcome.

Committee Positions

This year the Club will be faced with filling a number of vacancies on its committee, as number of the current committee members are either standing down or retiring after many years of service.

It is essential for the wellbeing of the Club that these committee positions are filled. The continued growth, development and success of the club depends upon it having a diverse and energetic committee with a wide range of views and thoughts.

This is especially so when planning for our, award and trophy purchases, end of season presentation day functions and the Sprint and Mini Meets.

As such, I ask all members and senior swimmers over the coming weeks to give some deep thought in becoming Club committee member.

There are no special skills required to be a committee member just a willingness to take a more active role within the club and to bring forward new thoughts and ideas for the ongoing improvement of the club.

Your contribution will not only be rewarding but will provide ongoing benefits to all our Club members'.

With the imminent retirement of Robin Ede, Senior Vice President, a number of roles within the Club that she performed will need to be filled prior to the AGM in May.

These roles include the:

- preparation and editing of weekly newsletter,
- administration of the club's Web, Instagram and Facebook pages

If anyone would like more information about these roles or would like to join the Club committee now, could you please approach either myself or other committee members Pat, Allison, Deb or George at Club, or give me a call on 0411325095.

David Goff, President

Bring A Friend Day

Our last Bring a Friend Day was such a success that we are doing it again at the start of Winter Season.

This time it will be over 3 weeks, you can come any, or all of the weeks, 22-4, 29-4 or 6-5. The first time you will get to swim for Free, if you come again you will only pay \$2.00 per swim race entry fees.

You can swim up to 4 times before you have to pay registration fees.

Spread the word and see if we can get some new members for Winter Season.

Mother's Day Raffle

Mother's Day is on Sunday 14 May 2023, and we will draw our Mother's Day raffle on Saturday 13 May 2023.

We ask all our families to bring in an item for this raffle, some suggestions are:-

Wine, chocolates, books, cookies, cosmetic items, candles or anything that you think would be a nice gift for mum.

Please start bringing in these items from 1st week back.

Winter Season Fees

New members joining for Winter Season can do so now if they wish.

Fees will be \$125.00 for a Club Swimmer and \$130.00 for a Competitive Swimmer.

If more than one family member joins at the same time the second child will get 15% discount on their fees.

Talk to Donna who can give you more information on this.

PASC Junior Sprint Meet

Our Junior Sprint Meet is back on Sunday 28-5-2023.

Entries will open shortly, get in fast so you don't miss out. Entry fee TBA.

We will need many helpers on the day, time keepers, recorders, marshals, bbq chefs, just to name a few. Please come forward and speak to George so he can fill the roster.

Winter Season Flyer

A flyer for Winter Season will be emailed out to all our members during the break.

We ask that everyone posts this flyer onto their social media to attract new members.

Easter Break

There will be no Club for the next two weeks, 8 & 15-4-2023 which is our annual Easter break.

Winter Season begins on Saturday 22-4-2023.

We wish all our swimmers and their families a very Happy Easter and we hope you enjoy the 2 week break and look forward to seeing you all again for Winter Season.

Doors open at 2.30pm for set up to begin, warm up at 3.00pm and racing starts at 3.30pm.

Letter Box Drop

On the front desk today there are bundles of flyers advertising our Club for Winter Season.

Please collect a bundle and deliver them into letterboxes in your street/area.

Carnival Results

NSW CPS Swimming Champs 2023

Corey Hogan 12yrs Boys

50mtr Backstroke – PB 40.07 8th

Chloe Lin 8yrs Girls

50mtr Freestyle – PB 45.21 7th

Jensen O’Gorman 11yrs Boys

4 x 50mtr Free Relay 2.31.79 14th

Joke of the Week

Q: What vegetable goes well with jacket potatoes?

A: Button mushrooms!!



Carnival Calendar

Date	Club	Location	Entry Format	Cost and Closing Date
Sun 28-5-2023	PASC Jnr Sprint Meet	Peak West Pool, Ogilvy St, Peakhurst	Online via Swim Central	TBA
Sat 17 & Sun 18-6-2023	Metsea Winter Championships		Online via Swim Central	TBA
Sun 6-8-2023	CASC Winter Qual Meet	Murray Rose Aquatic Centre	Online via Swim Central	TBA

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.

These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information. <https://nsw.swimming.org.au>

If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Robin Ede on 0417 418 334 or at robin.ede61@gmail.com by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com



PEAKY SWIM STAR

Name:	Robin Ede
Age:	It's a Secret
Favourite Swimming Stroke:	Freestyle
Hobbies:	Tennis, Gardening, Family History
Occupation:	Chiropractic Assistant/Receptionist
School I Attended:	St George Girls High School
Favourite Place to Eat Out:	Anywhere Italian
Favourite Sports Team:	Sydney Swans
Favourite Food:	Pasta
Favourite Movie:	Ladies in Black
Favourite TV Show:	Castle
Favourite Songs:	Don't Change by INXS, Turn Back The Clock by Johnny Hates Jazz, I Don't Want To Live Without You by Foreigner, That's What Friends are For by Dionne Warwick & Many More
Whom I Most Admire:	Michael J Fox
Likes:	Holidays
Dislikes:	Government Departments
In 5 Years Time I Would Like To Be:	Less Busy and More Time For Me
How Would You Describe Yourself:	Friendly, Helpful and Extremely Busy
I am Really Good At:	Organising and Keeping on Top of Things



22-04-2023 – SPRINT – Freestyle, Backstroke, Breaststroke, Butterfly



A BIG THANK YOU TO EVERYONE WHO HAS HELPED OUT AT CLUB DURING THE SEASON.

YOUR HELP IS INVALUABLE TO US AND WE COULD NOT RUN PROPERLY WITHOUT YOU.



WE WISH ALL OUR SWIMMERS AND FAMILIES A VERY HAPPY EASTER AND A LOVELY HOLIDAY BREAK

LOOKING FORWARD TO SEEING YOU ALL WHEN WE RETURN FOR WINTER SEASON ON 22 APRIL 2023.

