



Peakhurst ASC Inc Newsletter

Summer Season

<https://peakhurst.swimmingclub.org.au>

Thought of the Week – “Just because you haven’t found your talent yet, doesn’t mean you don’t have one.”

4 February 2023

Today’s Events: SPRINT – Backstroke, Freestyle, Breaststroke, Butterfly

Welcome

We welcome all our visitors to Club today.

We hope you enjoy the afternoon.

Any questions please come and see one of our helpful committee members.

Summer Registration Fees

Please see Donna Lane for all registration details.

Fees are \$155.00 for Full Swimmer or \$140.00 for Club Swimmer, this covers both summer and winter seasons 2022/23.

Weekly Swimming Stats

Week	Date	Swimmers	Pb's	Upgrades
11	07-01	38	75	5
12	14-01	44	63	2
13	21-01	39	51	6
14	28-01	41	69	4

Upgrades

Upgrades Week 13 – 21-01-2023

Claire Douglas → 50mtr Breaststroke
Daniella Katrib → 25mtr Freestyle
Hannah Katrib → 50mtr Freestyle
Hugh Loader → 25mtr Breaststroke
Lilian Chen → 75mtr Medley, 50mtr Breaststroke

Upgrades Week 14 – 28-01-2023

Arin Pandit → 100mtr Freestyle
Hannah Katrib → 75mtr Medley
Jason Van Ryn → 100mtr Freestyle
Manaia Wainohu → 50mtr Freestyle

Birthday Wishes

Sebastian Galati turned 6 yesterday.

We hope you had a wonderful birthday Sebastian.

200mtr Freestyle Qualifiers

These swimmers are listed on page 3 of this newsletter.

Upcoming Events

04-02-2023 - Bring a Friend Day
08-02-2023 - Monthly Club Meeting
25-03-2023 - Day 1 Summer Championships
01-04-2023 - Day 2 Summer Championships
01-04-2023 - Easter Raffle

Joke of the Week

Q: Why was Cinderella so bad at soccer?

A: She kept running away from the ball!!

Summer Championships Information

With 7 weeks to go before Summer Championships, there is still plenty of time to qualify.

Entries will be open later in the season. You will need a Summer Championships Event List to complete your entry cards this will be printed in the newsletter in late February.

Entry into Championships will be online just like the usual weekly entries.

Swimmers need to be registered and must have swum 8 Freestyle swims and 4 of each of the other four strokes.

A Black Line sheet will be available at the Recording Table in the next few weeks so you can see what swims are required to qualify for Championships.

If next to your child's name is a black line that means that they have qualified for all swims in their age group. If there is a number next to their name that means they still have to swim that number of swims to qualify for Championships.

If any swimmers have not swum the required number of swims to qualify they can still swim in Championships as an Exhibition Swimmer. This will give them the experience of Championships for next time.

There is 1 more opportunity for our senior swimmers to contest the Dash on 4-3.

Championships are swum over 2 weeks:-

Day 1 – 25-03-22 – Breaststroke, Butterfly & Freestyle

Day 2 – 01-04-23 – Medley, Backstroke, 25mtr Dash & McAlpine Relay

Cost of each swim is \$1.00 per event, entry/program is \$5.00 per family (this charge covers both days of Championships).

No of Swims available:-

Freestyle – 7

Backstroke – 4

Breaststroke – 4

Butterfly – 5

Ind Medley – 3

Swimmers can enter just their age events or can enter 11yrs & Under and age events (11yrs & under swimmers) or Age and Open Events (12yrs & Over swimmers).

25mtr Dash by Invitation

During the Summer Season there are 4 opportunities for swimmers who have qualified to swim 100mtr freestyle to take part in the 25mtr dash event, there is one more opportunity on 4-3.

This event is open to both boys and girls.

At the conclusion of the 4th Dash swim, the Race Committee will then select the 10 swimmers (5 boys & 5 girls) who will be invited to swim in the 25mtr Dash on Day 2 of Summer Championships.

This event is one of the highlight events of Summer Championships, very exciting and prestigious to be part of.

McAlpine Relay

All swimmers are eligible to be chosen to swim in the exciting McAlpine Handicapped Relay. This relay is the second highlight of Day 2 of Summer Championships.

Freestyle events are swum on Day 1 of Championships and from these events the swimmers will be selected to swim in the McAlpine Relay, which is a relay made up of 4 teams of 13 swimmers.

This relay is a handicapped event and the fastest swimmers from the 25mtr and 50mtr individual Freestyle events are chosen to swim in this relay.

The seeding and handicapping for this relay event is a lengthy and complex process. If you are not coming on Day 2 of Championships or are leaving early please let George Ross know ASAP so your child can be eliminated from the relay before the seeding process takes place.

We encourage all our swimmers to take part in the end of season championships

Qualified Swimmers for 200mtr Freestyle on 11-2-2023

Male Swimmers

Adam Murphy, Corey Hogan, Frederick Liauw, George Ross, Greg Gillan, Harrison Taranec, Jordan Henry, Karl Gillan, Kyle Chen, Marcus Sortwell, Mitchell Ede, Nicholas Gadzuric, Russell Liauw, Ryan Gillan, Ryder O'Gradey, Tyrone Lee

Female Swimmers

Alana Griffiths, Annika Fillan, Erin Seymour, Ivy Lane, Kaitlin Ede

Please let George Ross know today if you intend to contest this event.

Carnival Calendar

Date	Club	Location	Entry Format	Cost and Closing Date
Fri 17 & Sat 18-2-2023	Sans Souci Sea Devils Summer Carnival	Sans Souci Aquatic Centre	Online via Swim Central	\$9.00 per event Entries close 10-2-2023 or when entry limit is reached
Sat 25 & Sun 26-2-2023	2023 NSW Snr Metro Champs	Sydney Olympic Park Aquatic Centre	Online via Swim Central	\$21.00 per event Entries close 14-2-2023 QT's apply
Fri 10 to Sun 12-3-2023	2023 NSW State Open Champs	Sydney Olympic Park Aquatic Centre	Online via Swim Central	\$21.00 per event Entries close 28-2-2023 QT's apply
Sat 25 to Sun 26-3-2023	2023 Jnr State Age Champs	Sydney Olympic Park Aquatic Centre	Online Via Swim Central	\$21.00 per event Entries close 14-3-2023 QT's apply

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.

These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information. <https://nsw.swimming.org.au>

If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Robin Ede on 0417 418 334 or at robin.ede61@gmail.com by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com

PEAKY SWIM STAR

Name:	Izzy Skead
Age:	16
Favourite Swimming Stroke:	Backstroke
Hobbies:	Reading, Shopping, Hanging out with Friends
When I Grow Up I Want To Be:	A Paediatric Psychologist
School I Attend:	Picnic Point High School
Favourite School Subjects:	English, Psychology, Biology
Favourite Sports Team:	Dragons
Favourite Food:	Chocolate
Favourite Movie:	Harry Potter & The Prisoner of Azkaban
Favourite TV Show:	Lucifer
Favourite Song:	100 Strangers – Circa Waves
Whom I Most Admire:	My Dog Roxy
Likes:	Books
Dislikes:	Cleaning
In 5 Years Time I Would Like To Be:	At Uni & Working & Travelling
How Would You Describe Yourself:	Kind, Funny & Weird
I am Really Good At:	Reading & Watching Netflix



11-02-2023 – 200mtr Freestyle Champs Swims, Breaststroke, Freestyle, Butterfly (100m*)

