



Peakhurst ASC Inc Newsletter

Summer Season

<https://peakhurst.swimmingclub.org.au>

Thought of the Week – “The New Year stands before us like a chapter in a book, waiting to be written.”

7 January 2023

Today's Events: SPRINT – Backstroke, Butterfly, Freestyle, Breaststroke, *25mtr Dash*

Summer Registration Fees

\$155.00 for Full Swimmer or
\$140.00 for Club Swimmer

Club Swimmer registration entitles the swimmer to swim at Club each week, participate in our own carnivals and Club Championships.

Full Swimmer registration entitles you to the above plus be able to compete in all outside carnivals.

Registration is for the full year, both Summer and Winter Seasons.

Any further questions about registration please see Donna Lane.

Pick up a detailed How to Register Sheet from the front desk.

Weekly Swimming Stats

Week	Date	Swimmers	Pb's	Upgrades
07	26-11	31	28	1
08	03-12	36	57	5
09	10-12	39	37	3
10	17-12	47	50	7

Upgrades

At the last Club before Christmas 7 swimmers upgraded to the next level.

Claire Douglas → 50mtr Backstroke
Dominic Galati → 100mtr Breaststroke
Hugh Loader → 25mtr Backstroke

Isla Duffy → 100mtr Backstroke
Jad Haidar → 100mtr Freestyle
Kayley Hogan → 25mtr Backstroke
Nicola Owens → 50mtr Freestyle

Congratulations to these swimmers.

Upcoming Events

07-01-2023 - Swimming Resumes
04-02-2023 – Bring a Friend Day
06-02-2023 - Monthly Club Meeting

Birthday Wishes

Mitchell Ede turns 24 on Wednesday and
Chloe Lin turns 9 on Friday.

We wish you both a very happy birthday.

Bring a Friend Day

On Saturday 4-2-2023 we are having a “Bring a Friend Day”. You can bring a friend along to experience the fun of swim club and they get to swim for Free.

Let all your friends know and bring them along. It will be a normal Sprint Day with ribbons awarded as usual.

You can bring more than 1 friend so you won't have the hard decision of which one do I choose.

To make registration simpler we ask mum/dad to send an email to George Ross at peakhurstascmeets@gmail.com detailing the friend's name, date of birth and the events they wish to swim.

If they need to be registered on the day we ask that you tell them to be at the pool no later than 3pm so they can be entered manually.

Last Time We Met

Our last week of Club before Christmas we drew the giant Christmas raffle, Congratulations to those that won prizes, and what great prizes we had. Many thanks to all the families that donated items for the raffle.

We had a special visit from Santa, who handed out lollies and a gift. Families and swimmers also had photos taken with Santa.

We also swam our annual family freestyle relay which was won by the Seymour family, congratulations to you all.



Working with Children Checks

Anyone who holds a Working with Children Check and hasn't already given Robin your details, please come and see her so you can be included on our register.

School Swimming Carnivals

If your child has their school swimming carnival coming up, please let me know so I can publish their results in the newsletter.

School News

St Declan's Primary School

Emma Mottram was nominated and elected as School Captain for 2023. Congratulations Emma.

St Christopher's

Corey Hogan was nominated and elected Blue House Captain for 2023. Congratulations Corey.

Joke of the Week

Q: I can't believe someone broke into my garage and stole my limbo stick?

A: Seriously, how low can you go!!



Carnival Calendar

Date	Club	Location	Entry Format	Cost and Closing Date
Fri 20 & Sat 21-1-2023	Knox Pymble Swim Club Carnival	Knox Grammar School	Online via Swim Central	\$10.00 per event Entries close 17-1-2023
Sat 21-1-2023	St George Swim Club Aust Day Carnival	Bexley Swim Centre	Online via Swim Central	\$9.00 per event Entries close 17-1-2023 or when entry limit is reached
Sat 28-01-2023	ACU Blacktown LC Sprint Meet	Blacktown Aquatic Centre	Online via Swim Central	\$7.00 per event Entries close 19-1-2023 or when entry limit is reached
Sun 5--2-2023	Speedo Sprints Heats	Various Venues	Online via Swim Central	\$8.00 per event Entries close 23-1-2023 or when entry limit is reached
Fri 17 & Sat 18-2-2023	Sans Souci Sea Devils Summer Carnival	Sans Souci Aquatic Centre	TBA	TBA
Sat 25 & Sun 26-2-2023	2023 NSW Snr Metro Champs	Sydney Olympic Park Aquatic Centre	Online via Swim Central	\$21.00 per event Entries close 14-2-2023 QT's apply
Fri 10 to Sun 12-3-2023	2023 NSW State Open Champs	Sydney Olympic Park Aquatic Centre	Online via Swim Central	\$21.00 per event Entries close 28-2-2023 QT's apply
Sat 25 to Sun 26-3-2023	2023 Jnr State Age Champs	Sydney Olympic Park Aquatic Centre	Online Via Swim Central	\$21.00 per event Entries close 14-3-2023 QT's apply

Please note these events may change depending on Covid restrictions. Keep watch on the Swimming NSW or Metsea websites for updates.

Please note the closing dates of the above carnivals are a guide only as some carnivals are very popular and they can close weeks prior to the published closing date. If you wish to enter any of these carnivals please get your entries in ASAP to avoid disappointment.

These are only a few of the carnivals that are available. To see all the available carnivals go to the Swimming NSW website for further information. <https://nsw.swimming.org.au>

If you require any further information on how to enter outside carnivals please come and see Race Secretary George Ross.

Anyone with any news, swimming results or other relevant information you would like included in the newsletter, please contact Robin Ede on 0417 418 334 or at robin.ede61@gmail.com by 6pm Thursday.

Anyone with information for administrative matters please direct them to peakhurstasc@gmail.com

PEAKY SWIM STAR

Name:	Thomas Duffy
Age:	7
Favourite Swimming Stroke:	Breaststroke
Hobbies:	Soccer
When I Grow Up I Want To Be:	A Soccer Player
School I Attend:	Hurstville Grove Infants School
Favourite School Subjects:	Maths & Writing
Favourite Sports Team:	Manchester City
Favourite Food:	Sushi
Favourite Movie:	Sonic the Hedgehog
Favourite TV Show:	Pokemon Journeys
Favourite Song:	Thunderstruck by ACDC
Whom I Most Admire:	My Dad
Likes:	Collecting Pokemon Cards
Dislikes:	Peas
In 5 Years Time I Would Like To Be:	Playing Rep Soccer
How Would You Describe Yourself:	Cheeky & Happy
I am Really Good At:	Soccer



14-01-2023 – 200m/400m Optional, Butterfly, Freestyle, Backstroke (100m*), Freestyle Relay

